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THE COMMONWEALTH OF MASSACHUSETTS  
DEPARTMENT OF MENTAL HEALTH

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ANNUAL REPORT  
OF THE  
TRUSTEES  
OF THE  
WRENTHAM STATE SCHOOL  
FOR THE  
PERIOD  
JULY 1, 1970 TO JUNE 30, 1971

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WRENTHAM STATE SCHOOL

BOARD OF TRUSTEES

John E. McCarthy, Chairman, Walpole  
Ruth A. Holman, Secretary, Walpole  
Patricia A. Capron, Foxboro  
Joseph G. Cortes, Caryville  
Margaret E. Delaney, Newton Center  
Edward Koval, Norwood  
Inez M. Pini, North Attleboro  
Melvin M. Finger, Hull

OFFICERS FOR 1970 - 1971

Edward Meshorer, M.D., Superintendent  
Robert K. Gordon, M.D., Director of Clinical Psychiatry  
Karoly J. Kun, M.D., Director of Clinical Psychiatry  
Virginia M. Monedjikova, M.D., Director of Clinical Psychiatry  
Spencer E. Levin, M.D., Chief Physician  
Wilhelmina C. Bennett, M.D. (Resigned 4/10/71)  
Salomon Benzakein, M.D., Senior Physician (Resigned 1/30/71)  
Syed A. Hosain, M.D., Senior Physician (Resigned 1/9/71)  
Edwin Lopes, M.D., Senior Physician  
Maria Lopes, M.D., Senior Physician  
Nina B. Nizetic, M.D., Senior Physician (Appointed 1/31/71)  
Gabriel J. Rubin, Senior Physician (Resigned 1/30/71)  
Dorothy Wood, M.D., Senior Physician  
Nurses Zanazanian, M.D., Senior Physician (Appointed 1/10/71)  
Fred Friedman, M.D., Staff Psychiatrist (Appointed 1/24/71). Promoted to Senior Physician 4/25/71)  
Albert Y. C. Moghrabi, M.D., Assistant Physician (Resigned 1/7/71)  
Cynthia C. Fernando, M.D., Assistant Physician (Appointed 6/1/71)  
Mercedes A. Labitoria, M.D., Assistant Physician (Appointed 2/28/71)  
Yun-Hwa Yu, M.D., Assistant Physician (Appointed 4/4/71)  
Jacob Rosenberg, D.D.S., Dentist  
Joseph A. Wardner, D.D.S., Dentist  
Samuel J. Carchidi, Steward  
Helena R. Biggane, State Hospital Administrative Assistant  
Marian U. Batchelder, Treasurer  
Walter A. White, Assistant Superintendent for Social Development, Education & Training (Resigned 9/30/70)  
Frederick Adams, Assistant Superintendent for Social Development, Education & Training (Appointed 12/20/70)  
John J. O'Donnell, Principal of Institution School  
William H. Cummings, R.N., Director of Nursing  
Luella Hennessey, R.N., Community Mental Health Nursing Advisor  
William F. Carr, Pharmacist  
Madelaine B. Harris, Head Psychiatric Social Worker (Resigned 4/23/71)  
Esther R. Taube, Head Occupational Therapist  
Hugh Marshall, Rehabilitation Counselor  
Arthur C. Barnes, X-ray Technician  
Arthur J. Soucy, Chief Power Plant Engineer  
Raymond Dempsey, Maintenance Foreman  
George Kennedy, Head Farmer



Josephine Jefferson, Dietitian (Resigned 1/9/71)  
Clara Gouin, Dietitian (Appointed 1/10/71)  
Jessie B. Negus, Head Housekeeper  
Etta Coyle, Head Launderer  
Pasquale Rossacci, Director of Volunteer Services

#### CONSULTANTS

Adolph Bender, D.S.C., Podiatrist  
Gabor Czoniczer, M.D., Cardiologist  
Carl A. Harris, M.D., Internist  
William R. Hill, M.D., Dermatologist  
Charles Kent, M.D., Otolaryngologist  
Charles J. E. Kickham, M.D., Surgeon  
James Marron, M.D., Oculist  
Raymond Mercer, O.D., Optometrist  
Albert Murphy, M.D., Surgeon  
Charles T. Reynolds, M.D., Surgeon  
George White, M.D., Radiologist

#### CHAPLAINS

Rabbi David B. Alpert  
Reverend James H. Coffey  
Reverend Paul C. Deffely  
Reverend Nikos Georges  
Reverend George K. Parker, Jr.

To the Trustees of the Wrentham State School

I hereby respectfully submit to you this annual report for the year July 1, 1970 to June 30, 1971. The movement of the population has been as follows:

<u>Males</u>	<u>Females</u>	<u>Total</u>
1005	787	1792

ON BOOKS OF INSTITUTION JUNE 30, 1970

	<u>Males</u>	<u>Females</u>	<u>Total</u>
In Institution	819	652	1471
Absent	<u>186</u>	<u>135</u>	<u>321</u>
Totals	1005	787	1792

ADMISSIONS DURING THE YEAR

15	18	33
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First Admission	12	12	24
Re-Admission	<u>3</u>	<u>6</u>	<u>9</u>
Totals	15	18	33

TOTAL ON BOOKS DURING THE YEAR

1020	805	1825
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DISCHARGES DURING THE YEAR

83	57	140
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Discharged by Transfer	3	1	4
Discharged Outright	4	6	10
From Absence	63	40	103
Died	<u>13</u>	<u>10</u>	<u>23</u>
Totals	83	57	140

ON BOOKS JUNE 30, 1971

937	748	1685
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In Institution	784	636	1420
Absent	<u>153</u>	<u>112</u>	<u>265</u>
	937	748	1685



The following table gives the ages of admissions during the year July 1, 1970 to June 30, 1971.

				<u>Males</u>	<u>Females</u>	<u>Total</u>
<u>Under 5 years</u>	<u>Males</u>	<u>Females</u>	<u>Total</u>	-	1	1
<u>Age</u>						
-1	-	-	-			
1	-	-	-			
2	-	-	-			
3	-	-	-			
4	-	1	1			
5 to 9 years				6	3	9
5	-	-	-			
6	-	1	1			
7	-	-	-			
8	5	1	6			
9	1	1	2			
10 to 14 years				6	6	12
10	-	-	-			
11	1	3	4			
12	-	1	1			
13	1	-	1			
14	4	2	6			
15 to 19 years				1	5	6
15	-	1	1			
16	-	1	1			
17	-	2	2			
18	1	1	2			
19	-	-	-			
20 to 34 years				2	3	5
20	1	-	1			
22	-	1	1			
24	-	1	1			
32	-	1	1			
34	1	-	1			

WRENTHAM STATE SCHOOL

ANNUAL REPORT OF THE BOARD OF TRUSTEES

JULY 1, 1970 - JUNE 30, 1971

The Board of Trustees, Wrentham State School, met in June, September, October and November during 1970. In 1971 there were meetings held in January, February, March, April, May and June for the purpose of meeting with the business assigned their trust. Mr. John McCarthy and Mrs. Ruth Adele Holman served as Chairman and Secretary respectively from October through to April, when each was re-elected to serve as officers of the Board following the commissioning of Melvin Finger of Hull as a member of the Wrentham State School Board of Trustees.

The Trustees, collectively and individually, toured the grounds and visited buildings and programs throughout the year in an endeavor to carry out the responsibilities assigned to their trust in their appointments to the Board.

Mr. McCarthy and Mrs. Holman met with the Executive Committee of the Massachusetts Hospital Trustees Association in an effort to clarify the duties and responsibilities of trustees under the latest mental health legislation and dwindling authority of said Trustees.

Mrs. Holman, although in favor of a Community College proposal on land assigned by the Commonwealth to the Wrentham State School, decried the lack of courtesy extended to this Board by proponents of the college, members of the state legislature and the Department of Mental Health and/or any other agency, in seeking use of land in trust to the Wrentham State School Board of Trustees without contact of any means as to the Board's thoughts and pleasure relative to same.

The general concensus of the Board concluded that if Trustees are to continue to be appointed and swear to uphold the responsibility placed upon them by such an appointment they should have every courtesy of their office extended to them or such appointments should be abolished by the Commonwealth or the areas of trust re-aligned.

Respectfully submitted,

Ruth A. Holman  
Secretary



## ANNUAL REPORT

JULY 1, 1970 - JUNE 30, 1971

The following changes were made during the year in the medical staff:

Albert Y. C. Mograbi, M.D., Assistant Physician, resigned January 7, 1971.

Syed A. Hosain, M.D., Senior Physician, resigned January 9, 1971.

Salomon Benzakein, M.D., Senior Physician, resigned January 30, 1971.

Gabriel J. Rubin, M.D., Senior Physician, resigned July 30, 1971.

Wilhelmina C. Bennett, M.D., Senior Physician, resigned April 10, 1971.

Nerses Zanazanian, M.D., Senior Physician, appointed January 10, 1971.

Nina B. Nizetic, M.D., Senior Physician, appointed January 31, 1971.

Fred Friedman, M.D., Senior Physician, appointed April 25, 1971.

Mercedes A. Labitoria, M.D., Assistant Physician, appointed February 28, 1971.

Yun-Hwa Yu, M.D., Assistant Physician, appointed April 4, 1971.

Cynthia C. Fernando, M.D., Assistant Physician, appointed June 1, 1971.

The total population on the books of the Institution at the end of the year was 1685.

There were 1420 trainees in residence and 265 absent.

There were 33 patients admitted during the year. Twenty-four were first admissions and 9 were re-admissions.

The number discharged was 140. Of these 10 were discharged outright, 103 were discharged from absence, 4 were discharged by transfer, and 23 died in the Institution. Permission for autopsy was granted in 12 cases.

Professional seminars commenced October 6, 1970 and were held every Tuesday morning until May 25, 1971. These seminars are designed to stimulate interest and keep the professional staff abreast of what is going on in the field of mental retardation. These seminars are moderated by the Superintendent. At each seminar an interesting problem concerning our trainees is presented. The entire professional family at the Wrentham State School participates. Everybody is welcome. The seminars are very well received.



Occasionally a movie of significance is presented. On occasion we have a speaker to talk on a subject related to mental retardation of general interest to our employees.

Administrative Planning and Advisory Committee (APAC) meetings were held throughout the year as well as staff, psychiatric, neuropathological, rehabilitation conferences. Department Heads convened monthly to facilitate communication between Department Heads and the Appointing Authority. General Orientation sessions for new employees were held on the first Wednesday of each month. Other monthly meetings held were Food Service Council, Safety Committee, Library Committee, Medical Records Committee, Admissions Committee, Pharmacology Committee, Tissue Committee, Preplacement Committee, Transfer Committee, Unitization Committee, and meetings with nursing supervisors.

The out-patient department operated three mornings a week under the direction of Jeffrey Lowery, Principal Psychologist.

The Annual Meeting of the Active Medical and Consultation Staff of the Wrentham State School was held on June 30, 1971. There was a general discussion for the improvement of the medical and dental services of the Wrentham State School. The agenda also included the election of a member from the consultation staff to serve on the Joint Conference Committee.

Among the numerous meetings attended by the Superintendent during the year were District X of the Northeastern Region of the American Association on Mental Deficiency Conference at Provincetown Inn, Provincetown, Massachusetts as Chairman; Region V Superintendents' meetings, and Mental Retardation Council meetings.

The usual program of activities, religious services and education was carried on by our dedicated personnel throughout the year.

Religious services were conducted by full-time Catholic and Protestant, and part-time Jewish and Greek Orthodox chaplains. All trainees were encouraged to fulfill religious duties. In addition to regularly scheduled services, the chaplains saw all newly



admitted trainees, visited the sick, officiated at funerals of trainees who were interred in the State School cemetery, counseled trainees and relatives and held special services on holy days.

The grandparents (45) continue to come to the School daily, Monday through Friday, to help out with small children. They are each assigned two trainees and continue to function well. This is a Federal Program sponsored through a Boston group of people (ABCD) who are grandparents or of grandparent age.

The Norfolk-Wrentham Cooperative Program is a great success. This is the program which utilizes inmates of the Norfolk Prison Colony to train and work at the Wrentham State School Monday through Thursday. After they are paroled these people are hired as employees with all privileges of a State Employee. We hope to expand this program pending the funding of a grant which was submitted to the Department of Labor jointly by the Norfolk Prison Colony, the King Philip Vocational School and Wrentham State School.

The Nursery School continues and service is available to all full-time employees having children between the ages of 3 years to school age. It is located in Room II of the Karl V. Quinn School.

The Fifteenth Annual Employees' Honor Night and Dinner Dance was held at Valle's Steak House in South Braintree, on Wednesday evening, June 2nd. Service pins were presented to employees by Dr. Meshorer, Superintendent and by members of the Board of Trustees. Inscribed Revere Bowls (13) were presented by Dr. Meshorer to employees who retired during the year. One employee received a service pin for 40-years service to Wrentham State School; 2 employees for 35-years; 1 employee for 30-years; 3 employees for 25-years; 10 employees for 20-years; 18 for 15-years; 27 for 10-years, and 44 for 5-years. Dr. Meshorer extended congratulations to all the recipients and many thanks for their fine service to the Wrentham State School.

Good food, good fun, good friends, made it a perfect evening for everyone. A top-notch professional show business personality was engaged to high-light the entertainment

portion of the program and dancing to a popular orchestra was also featured. The committee for this gala Honor Night and Dinner Dance worked very diligently and every effort was made to provide a most pleasant evening of appreciation, recognition and enjoyment.

Reports of activities of the various departments are presented separately by the Heads of these Departments.

The Superintendent is grateful to all who have served in any way to care for the many needs of the student-trainee-patients of the Wrentham State School and to make life as normal and as happy as possible for them.

Respectfully submitted,

EDWARD MESHORER, M.D.  
Superintendent



ANNUAL REPORT TO THE SUPERINTENDENT

The following is a report of the Business Manager's Office for the fiscal year ending June 30, 1971.

FINANCES

From the total 1971 appropriation of \$7,367,968.00 the following amounts were reverted to the Commonwealth on June 30, 1971:

01-Salaries, Permanent	\$ 7,065.68
02-Salaries, Other	6,366.04
03-Services, Non-Employees	83.00
04-Food	78.81
05-Clothing	30.04
06-Housekeeping Supplies	10.66
07-Lab. Med. & General Care	22.27
08-Heat & Other Plant Operations	5.18
09-Farm and Grounds	.46
10-Garage and Automotive Expenses	.72
11 Advertising and Printing	1.65
12 Maintenance Repairs, etc.	378.63
13-Special Expenses	408.83
14-Office & Adm. Expenses	3.77
15-Equipment	14.88
16-Rentals	39.00

In addition, the following amounts were available from other sources:

2601-Training of the Handicapped	51,655.94
2600 School Lunch Program	761.27
1092 Kennedy Grant	18,722.04

MAJOR PROJECTS COMPLETED DURING THE YEAR BY OUTSIDE CONTRACTORS:

1. Composition floors were installed in two wards of the Boys' Infirmary.  
All ward floors have now been replaced.

MAJOR PROJECTS COMPLETED DURING THE YEAR BY OUTSIDE CONTRACTORS(continued)

2. All major equipment in the Dairy was replaced.
3. Four exterior doors in the Auditorium were replaced.
4. Replacement of vinyl asbestos floor, Campus House, second floor.
5. New Street Lights were installed in the vicinity of the Nursery and Hospital Building.
6. The second of four bathing areas in the Boys' Infirmary was renovated.
7. All plumbing in B building was completely replaced.
8. Our 180,000 gallon standpipe was resurfaced on the inside.
9. The Power Plant Chimney was repaired and reinforced. Major repairs were made at the top.
10. A second walk-in freezer was added to our storeroom. This permits improved scheduling of food deliveries.
11. Old floors in F building were replaced with composition flooring.

MAJOR PROJECTS COMPLETED BY WRENTHAM STATE SCHOOL MAINTENANCE STAFF DURING THE YEAR.

1. Additional parking space was provided in the rear of the Girls' Infirmary by the construction of a new section of perimeter road.
2. Shower installations at four Nursery buildings were completed. This is a temporary measure to provide adequate bathing facilities pending approved plans for a complete building renovation.
3. M building was completely redecorated and converted from a dormitory building to a Rehabilitation building.
4. The basement of E Building was redecorated to accomodate a training program instituted by the Psychology Department.
5. Refrigeration and Television Repair Workshops were constructed in the basement of the Service Building.

MAJOR PROJECTS COMPLETED BY OUR MAINTENANCE STAFF (continued)

6. A section of the Storeroom was redesigned to accomodate a new freezer installation and to provide additional storage space.
7. A flush clinical sink was installed in Ewalt Nursery to assist the Nursing Service in the disposal of soil.
8. The exterior of Girls' Preplacement, Chief Engineer's Cottage, Raymond Hospital, Wallace Research Laboratory, Karl V. Quinn School and the interiors of B, M, C buildings and the first floor of E.H.1 were painted.
9. The first and second floor corridors and reception room of E. H. 5 were tiled to improve the appearance of the building and to simplify the maintenance. The same is planned for E. H. 6 next year.

ANNUAL LAUNDRY PRODUCTION FOR FISCAL 1971 IS AS FOLLOWS:

Flat work	1,057,457 lbs.
Rough dry	1,855,363 lbs.
Press work-Trainees	14,762 lbs.
Press work-Staff	6,562 lbs.
TOTAL	2,934,144 lbs.

This represents a net deduction of 2,212 pounds for the year. Our trainee population was decreased by an average of 72 trainees for the year.

DEDICATION--HEFFRON HALL

On Sunday, September 20, 1970, at 2:30 p.m. a formal dedication was held, officially naming our new Farm Dormitories "Heffron Hall" in honor of Fred Heffron, retired Head Farmer of the Wrentham State School.

The ceremony was followed by a catered buffet and social hour during which Mr. Heffron renewed acquaintances with the 200 friends who attended.



## FOOD SERVICE

Major innovations in the Dietary Service include:

1. Assignment of two porters to supervise food deliveries to the buildings.  
In addition to providing a control for the deliveries, all confusion resulting from deliveries to wrong buildings has been eliminated and an improvement in the cleaning of tins being returned to the Main Kitchen has been noticed.
2. For about one-half of the buildings, all breakfast items are being delivered on the previous afternoon. This enables the buildings to start breakfast at their convenience and not be dependent on a breakfast delivery. This practice appears to be well received. It will be adopted in the remaining buildings as soon as Coffee Making Equipment is made available for them.

## BUILDING MOVES DURING THE YEAR:

1. E building was moved to C building to permit B building to be renovated.
2. Nursing administration offices were moved from E.H. 1 to first floor of the Wallace Research Laboratory.
3. M building was converted to a Rehabilitation building and the Rehab. building was vacated pending remodeling.
4. Director of Volunteers was moved from the Girls' Industrial Building to E.H.1.
5. The two Rehabilitation Counselors were moved from Rehab. Building to E.H. 1.
6. Two Chaplains were moved from Rehab. Building to E.H. 1.

## A BUILDING MAINTENANCE

During the year an abnormally high amount of maintenance calls were received to keep A building functioning. Many of these repairs were repetitious, e.g. broken windows, plumbing stoppages, etc. This, of necessity, kept our maintenance

~~Page 1.~~  
A BUILDING MAINTENANCE(continued)

force from doing scheduled work in other areas.

With a change in supervisory personnel in the area, and the prospect of additional protective screens soon to be installed, we look forward to a more stabilized condition in this building.

OIL SPILLAGE-POWER HOUSE

On March 5, 1971, the Quincy Oil Company, while making a routine fuel oil delivery accidentally spilled about 1,500 gallons of heavy oil throughout the basement area of our Power House. Cleaning crews supplied by the company spent about a week and a half cleaning up the mess.

We are still being accused of polluting the stream that bisects our grounds behind the Power House, which no doubt, was caused by this oil spillage.

BED REPLACEMENT-GIRLS' INFIRMARY

During the year, Girls' Infirmary was equipped with new beds and mattresses. It is anticipated that every old bed on the grounds will have been replaced by next year at this time.

EGG PRODUCTION

For about one year we have not been slaughtering poultry due to inadequate facilities to comply with the Department of Public Health regulations. Needless to say, this has substantially cut down on the profit realized from our egg and poultry operations. We have been putting our live fowl out to bid and getting about five cents a pound for it. A close look at this operation, together with the maintenance and labor involved, has made us realize that we can purchase eggs for as much if not less than the amount it is now costing us to produce them.

A request has been made to the Department of Mental Health to discontinue our egg production starting around the first of November, 1971.

1973 BUDGET REQUESTS

The preliminary 1973 Budget Requests for accounts "03" through "18" were prepared and submitted to the Regional Office. The total requested for these accounts is \$1,678,000.00 compared to \$1,171,900.00 which has tentatively been approved as the appropriation for these accounts for 1972.

Respectfully submitted,

SJC/rca

Samuel J. Carchidi  
Business Manager



# ANNUAL REPORT - HOSPITAL

July 1, 1970 - June 30, 1971

TOTAL ADMISSIONS: 344

FRACTURE CASES: 26

CONSULTATIONS: 104

TOTAL DISCHARGES: 354

SURGICAL CASES: 97

TISSUE REPORTS: 15

CONSULTANTS	VISITS	CONSULT PTS.	SURGERY PTS.
Ashraf, Dr. Mian M. (Thoracic Surgeon)	6	12	1
Basta, Dr. Nabil W. (Physical Therapy)	24	144	
Bender, Dr. Adolph (Podiatrist)	47	348	
Bresnan, Dr. Michael J. (Neurologist)	6	7	
Chastanet, Dr. Alan A. (Radiologist)	2	41	
Colman, Dr. Joseph (ECG Readings)	1	2	
Cummins, Dr. James F. (Cardiologist)	8	16	
Csoniezer, Dr. Gabor (ECG Readings)	7	19	
Donahue, Dr. William G. (Orthopedics)	17	172	
Gilles, Dr. Floyd H. (Pathologist)	4	6	
Groden, Dr. Harold M. (Gynecologist)	17	26	10
Harris, Dr. Carl A. (Hematologist)	3	5	
Heisay, Dr. William (Neurosurgeon)	1	1	
Hill, Dr. William R. (Dermatologist)	3	14	
Hyfer, Dr. Harry (Anesthesiologist)	1		2
Kaplan, Dr. Melvin S. (Anesthesiologist)	14		77
Kent, Dr. Charles (Otolaryngologist)	31	130	2
Kickham, Dr. Charles J. (Urologist)	2	3	
Lombroso, Dr. Cesare T. (Seizures)	1	1	
Lynch, Dr. Charles (Surgeon)	2		3 assists
Marron, Dr. James M. (Ophthalmologist)	27	150	
McCarthy, Dr. Phillip (Surgeon)	1		2 assists
McGillivuddy, Mr. Thomas (Ortho. Shoes)	10	169	

CONSULTANTS	VISITS	CONSULT PTS.	SURGICAL PTS.
Marcus, Dr. Raymond D. (Optometrist)	55	402	
Murphy, Dr. Albert S. (Surgeon)	3		6
O'Donnell, Mr. James (Audiologist)	25	150	
Rae, Dr. Donald B. (Oral Surgeon)	7	3	69
Reynolds, Dr. Charles T. (Surgeon)	26	75	9
Smallwood, Dr. Charles (Urologist)	4	8	
White, Dr. George (Radiologist)	<u>49</u>	<u>1,755</u>	<u>      </u>
<u>TOTALS</u>	404	3,659	97

BREAKDOWN OF OPERATIONS

69 Dental Extractions	1 Amputation (toes)
6 Total Hysterectomys	1 Incisional biopsy (buccal cavity)
4 Sigmoidoscopies	1 Closed Reduction, Mandibular fracture
2 Tonsillectomy and Adenoidectomys	1 Open Reduction, Mandibular Fracture
2 Colpotomys	1 Abdominal Sinus excised
2 Wens excised	1 Cholecystojejunoostomy
1 Thoracentesis	1 Herniorrhaphy
1 Nerve Block	1 Ligation and Stripping, Varicose
1 Cervical Biopsy	1 Arch Bar Removal

TOTAL OPERATIONS: 97



DEATHS AND POST MORTEM EXAMINATIONS		
NAME	CLINICAL DIAGNOSIS	PATHOLOGICAL DIAGNOSIS
Richards, Francis A.	Pneumonia	Bronchopneumonia. Patchy fibrosis and calcified spots, subpleural, right lung. Fibrous pleuritis, marked. Fibrous pericarditis and mediastinitis. Hemorrhage infarction, right and left upper lobes of lungs. Organized pneumonia. Patchy emphysema. Small brain with posterior fossa cyst. Cataracts, bilateral.
Goethals, John H.	Seizure disorder. Laryngitis. ? pulmonary tuberculosis. Mental retardation.	Laryngeal abscess, right. Pulmonary edema, bilateral. Hemorrhage, focal, of lungs.
Vincent, Paul	Hemorrhagic bronchitis and focal pneumonitis. Aminoaciduria (cystine predominantly). Familial spastic paralysis.	Familial spastic paralysis. Flexion contracture of all joints. Aminoaciduria (predominantly cystine). Microcephaly. Focal, hemorrhagic pneumonitis and bronchitis with pneumothorax. Focal congestion of stomach. Diffuse hepatic necrosis, partially hemorrhagic.
Sullivan, Daniel	Perforating peptic ulcer of stomach due to pica.	None.
Beaudry, James	Aspiration pneumonia due to recurrent pneumonia. Arrested pulmonary tuberculosis. Epilepsy. Pneumonitis.	None.
Paricer, Karl R.	Chronic brain syndrome associated with convulsive disorder. Tetraplegia. Multiple decubiti. Myxema left chest.	Chronic brain syndrome. Multiple decubitus ulcers. Myxema, left chest. Status post operatively with left thoracentesis. Total atelectasis, left lung with chronic pneumonia. Multiple foci of necrosis of liver. Multiple abscesses of mucosa of jejunum and ileum. Slowly progressive cerebro-spinal demyelination.
Fanale, Annie	Pneumonia (not responsive to antibiotics). Pulmonary edema. Renal failure (secondary). Mongolism. Mental retardation.	Mongolism. Hemorrhagic pneumonitis, right upper lung. Pulmonary edema, mild. Cholelithiasis with cholecystitis, chronic. Pneumonia, focal, bilateral. Turner's syndrome. Dwarf with stocky body build. Pyelitis, chronic, bilateral.

NAME	CLINICAL DIAGNOSIS	PATHOLOGICAL DIAGNOSIS
Shaievits, Louis	Pneumonia, acute, due to chronic pneumonitis. ? pulmonary tuberculosis.	None.
Teasley, Mabel	Congenital heart failure due to arteriosclerotic heart disease.	None. Remains to Tufts University.
Shea, Catherine F.	Hypothyroidism (fainting spells). Convulsive disorder ruled out. Elephantiasis of both legs. Stokes Adams syndrome. Abnormally high glucose tolerance test (1970). Urinary tract infection. Facial weakness. ? of CVA. Comatose. Elevated BUN. Uremia. Arteriosclerotic heart disease. Chronic renal failure.	Thyroid hypoplasia with evidence of myxedema and cretinism. Cardiomegaly. Arteriosclerotic changes of kidneys. Emboli in small peripheral branches of pulmonary artery. Hemorrhagic infarction, left lower lobe. Hemorrhagic necrosis, pancreas. CVA.
Peaslee, Marion	Coronary thrombosis.	None. Remains to Boston University.
Honigsberg, Wayne	Bronchopneumonia. Hurlers syndrome (Hunter's form).	None.
Senk, Pauline	Congenital heart disease. Acrocyanosis. Tuberculosis. Cataract. Semi-comatose (Dec. 1970). Frequent twitching seizures discharge. Pneumonia, resistant to antibiotics.	Note: complete record including pathological report is still at Children's Hospital.
Elesofsky, Laura	Ichthyosis. Spastic cerebral palsy with mental retardation. Pneumonitis. Sjogern-Larsson syndrome.	Lipid pneumonia, patchy, bilateral. Bronchiotrachitis, chronic. Total absence of myelin in CNS.
Bean, Katherine M.	Subacute bacterial endocarditis. Congenital heart disease. Bilateral pneumonia. Mongolism.	Down's syndrome. Endocardial cushion defect. Congestive heart failure. Pneumonia, lobar, bilateral, acute.
Hornsey, Ivy	Congenital heart disease. Chronic and acute heart failure. ? sarcoidosis. Myocardial infarctions with atrial fibrillations. Died in acute heart failure. Chromosome XXX.	Multiple congenital abnormalities. Chromosome anomaly (female XXX). Congenital heart disease. Congestive heart failure.
Ellison, Jean	Pneumonia	None.



NAME	CLINICAL DIAGNOSIS	PATHOLOGICAL DIAGNOSIS
Zopatti, Paul	Bronchopneumonia due to arthrogryposis (congenital)	None.
Conrado, Angelo	Obstruction of common duct. Hemorrhagic bronchopneumonia. Chronic brain syndrome with spastic quadriplegia. Chronic cholecystitis and cholelithiasis. S/P Cholecystojejunostomy.	Chronic cholecystitis and cholelithiasis. Hepatic cirrhosis. Peritonitis, acute.
Wallace, Barry	Bronchopneumonia due to aspiration.	None.
Lane, Nettie	Pneumonia.	None. Remains to Boston University.
Bates, Stephen	Tetralogy of Fallot, congenital.	Tetralogy of Fallot with marked cyanosis. Pseudohermaphroditism. Multiple skeletal anomalies. ? subacute bacterial endocarditis and sepsis.
Judge, James	Pneumonia. Dehydration.	None.

TOTAL: 23 deaths with 12 post mortem examinations.

FRACTURE CASES

July 1, 1970 - June 30, 1971

6 Femur	2 Clavicle	1 Wrist
1 Humerus	2 Toe	1 Ankle
3 Fibula	2 Finger	1 Tibia
2 Thumb	2 Mandible	1 Vertebra

CONSULTANT EXPENDITURES

July 1, 1970 - June 30, 1971

Ashraf, Dr. Mian M.	\$ 240.00
Basta, Dr. Nabil W.	660.00
Bender, Dr. Adolph	881.25
Bresnan, Dr. Michael J.	360.00
Chastanet, Dr. Alan A.	125.00
Colman, Dr. Joseph	55.00
Cummins, Dr. James F.	435.00
Ozoniezer, Dr. Gabor	365.00
Donahue, Dr. William C.	400.00
Gilles, Dr. Floyd H.	320.00
Groden, Dr. Harold M.	943.75
Harris, Dr. Carl A.	200.00
Heisey, Dr. William	40.00
Hill, Dr. William R.	120.00
Hyfer, Dr. Harry	131.25
Kaplan, Dr. Melvin S.	2,418.75
Kent, Dr. Charles	1,305.00
Kickham, Dr. Charles J. E.	80.00
Lombroso, Dr. Cesare T.	40.00
Lynch, Dr. Charles	75.00
Marron, Dr. James M.	1,080.00
McCarthy, Dr. Phillip	50.00
Mercer, Dr. Raymond D.	1,181.25
Murphy, Dr. Albert S.	418.75
O'Donnell, Mr. James	468.75
Rae, Dr. Donald B.	1,192.00
Reynolds, Dr. Charles T.	1,263.75
Smallwood, Dr. Charles	160.00
White, Dr. George	3,187.50
TOTAL	\$18,197.00

Respectfully submitted,

*Karoly J. Kun*  
Karoly J. Kun, M. D.  
Director of Medical Services

KJK:bb



ANNUAL REPORT

EEG LABORATORY

JULY 1, 1970 - JUNE 30, 1971

<u>TOTAL:</u>	<u>RECORDED EEG:</u>	14	141
	<u>OPC:</u>		4
	<u>FOXBORO STATE HOSPITAL:</u>		3
	<u>LAKEVILLE HOSPITAL:</u>	2	2
	<u>COMMUNITY PLACEMENT:</u>		3
	<u>EMERGENCY EEG R/O ACUTE INTRACRANIAL PATHOLOGY:</u>		4
	<u>EEG REPORTS AND RECOMMENDATIONS TO BUILDINGS:</u>		141

ALL NEW ADMISSIONS TO WRENTHAM STATE SCHOOL HAD EEG: 25

COMPLETE REEVALUATION WAS FINISHED IN THE FOLLOWING BUILDINGS:

A Building	E Building
B Building	Boys' Infirmary
C Building	Girls' Preplacement
D Building	Boys' Preplacement

In other buildings, selective reevaluation was made according to the need. Complete reevaluation is in process.

PATIENTS ON DILANTIN: 178

PATIENTS WHO HAD A CBC IN 1 YEAR: 97

For OPC, other State Hospitals and State Schools, we still give service of EEG recordings and interpresentations, and recommendations for treatment. This is done by appointment if requested from above officers.

Respectfully submitted,

*Karoly J. Kun M.D.*

Karoly Kun, M.D.

KK:dlp



## ANNUAL REPORT

July 1, 1970 - June 30, 1971

I hereby respectfully submit the annual report of the X-Ray Department for the fiscal year of July 1, 1970 to June 30, 1971.

### Total number of Radiographic cases:

- |                                |       |
|--------------------------------|-------|
| 1. Trainees x-rayed . . . . .  | 2,548 |
| a. Portable x-rays (B.Inf.). . | 145   |
| b. Portable x-rays (G.Inf.). . | 290   |
| 2. Employees. . . . .          | 600   |

Multiple examinations and special procedures are described in a later paragraph.

### Identification Photography

- |                                   |     |
|-----------------------------------|-----|
| 1. Survey Photographs . . . . .   | 470 |
| 2. New Admissions . . . . .       | 28  |
| 3. Calf Breeding Identification . | 57  |

Special photographic examinations are described in a later paragraph.

Radiographic Consultations . . . . .	51
--------------------------------------	----

Many of the x-ray patients have multiple examination which are not truly reflected in a direct patient count system. Also, during the fiscal year, special x-ray studies and procedures were undertaken by this Department. Some of these studies were formerly sent to other institutions. It is felt that this Department and Hospital are properly equipped to perform these examinations and hopefully we can continue to give the attending physician the x-ray services they request. This certainly is to everyone's advantage and reflects proper utilization of the medical facilities available for the particular care of the patients in this institution.

The photography is continuing, as in previous years. However, the identification photographs are a little behind because of multiple problems with the equipment. The flash unit has been inoperable for the entire year, so pictures were scheduled only on days that had enough sunshine to produce an acceptable photograph. Also, the



## Annual Report, X-Ray Department

old camera wasted film. Note: A new Polaroid Color Portrait camera was donated to the Department by the Camera Shop in Attleboro and will be a big improvement to our Identification photography. When only one technician is covering the Department, the x-rays come first and usually the photography cannot be done then.

Some special photography has been undertaken by the Department on request of the physicians. We have photographed some unusual findings in autopsies and also comparative size studies on some trainees as requested. The calves are still being photographed for the State Records.

Educational photography has been done for presentation to the LPN students and also for the physician's use.

Lectures for the student LPN classes are being conducted. This part of their education is helpful for their better understanding of the x-ray procedures and their responsibility in the preparation of the patient for the examination.

The X-Ray Department at Raymond Hospital has one stationary machine. This is a Picker 500 Milliampere, however, we cannot use the 400 Ma and 500 Ma stations. This machine is not new, but otherwise is in good working order, presently. On June 8, 1971, the Radiation Control Inspector from the Commonwealth of Massachusetts inspected our equipment. Their letter of recommendation is on file. We are presently in compliance with the current regulations, after making certain adjustments and corrections.

The year, the Picker X-ray machine had a multitude of mechanical failures. The Viadex collimator was out from May to November. We operated on a loaner tube for some months until our new tube was repaired and replaced. There were many minor breakdowns and three major repair jobs. Of the four main valve tubes, three failed in this fiscal period. All are now replaced and hopefully the machine will operate trouble free for a while longer. These problems and shutdowns were a great hindrance to the technicians' normal work load.

There are two General Electric Portable x-ray machines on the grounds. The G.E. 90 Ma is at Girls Infirmary and the G.E. 100 Ma is at Boys Infirmary. Both

machines are presently in proper working order and have been free of mechanical problems. The portable in Boys Infirmary was not used for three months because there was no cone or filter on the appature. Prior to the State Inspection on Radiation Control, a new Viadex collimator was installed on that machine which meets with the regulations.

All portable work is still very time consuming but there really is no solution to that. It takes one to two hours for each patient including transportation and repeats. Because of the patient's inability to cooperate and the long exposure required for portable x-rays, there are many retakes. So, the number of x-rays taken certainly does not reflect the amount of time spent in trying to get a diagnostic x-ray on some of these cases. Portables are indicated and necessary in some cases.

A new chest board has been designed and added to the Department. This has greatly lessened the time and retakes on our resistive patients and also cuts down the exposure to the patient and the attendant.

The T.B. Survey has been underway for the entire year. It appears that many of the trainees on the grounds have never had a chest x-ray and many more have not been done in over five to ten years. Dr. Monedjikova is presently in charge of this survey program and has it set up very well. The request cards are made out by her, giving us all the necessary information on the patient which she obtains from the medical records. This is accurate and the best system for the program.

A Kodak R.P. Film Processor has been approved for the X-ray Department which will end the back up and delay in the darkroom. Repeat x-rays because of the technical problems built into our present darkroom set-up will also be eliminated. Note: the above-mentioned machine has been installed and is working. There is still some work to be completed on the contract, however. Our daily work has been somewhat hampered by this installation.

TECHNICIANS: This department needs two technicians or a technician and a secretary. Much of the technicians time is used up on office work that a secretary could do.



## Annual Report, X-Ray Department

Presently, there are three technicians listed for the Department. Mr. Arthur Barnes has the supervising position with Mrs. Helen Reynolds and Mrs. Elizabeth Kitchingman having temporary appointments. These technicians are all registered and experienced. From October 1970 to the present time, Mr. Barnes, who has been with Wrentham State School for 25 years, has been out sick. He was stricken with infectious hepatitis for the second time here. A week of work was lost in October because the Department had to be thoroughly cleaned and disinfected. Many old accumulated things had to be sorted out and destroyed because of contamination. For ten months of the past fiscal year, there was only one technician handling the X-ray Department. Much of the routine work and office work fell behind, but the two present technicians are now catching up.

The character of the Department has changed somewhat whereas the physicians make more use of the Department as a place to discuss the cases with one another and to present findings to the consultants. They discuss x-ray procedures with the technicians to utilize the best examination for diagnosis of the particular condition. This is a very important function of all X-ray Departments. The technician presently tries to be available to the doctors and give them whatever help possible in locating the films, cards, sorting out dates, comparative examinations, pathological findings, etc. The physicians have expressed their satisfaction with this cooperation.

Every case on file has been reviewed and refiled. New files. New files have been set up and the previous system modernized. This was accomplished with the help and advice of the Hospital secretary, Mrs. Boucher.

It has been a year of change and the future performance of the Department should reflect these changes.

Respectfully submitted,

*M. Helen Reynolds, R.T.*

M. Helen Reynolds

Registered Technologist



ANNUAL REPORT OF THE LABORATORIES

July, 1970 ----- June 30, 1971

I herewith respectfully submit the Annual Report of the Laboratories of the Wrentham State School in the Wallace Research Building, for the fiscal year ending June 30, 1971.

Much progress has been made on the Rh typing and blood grouping project during the past fiscal year. An average of ten trainees per week were done for a total of 522. This was made possible by the concerted efforts of all technicians, but in particular of Mrs. Patunoff, Mrs. Fournier, Mrs. Ebinger and Mrs. Uhl who did the grouping and typing while still being responsible for a large amount of the routine clinical work.

Mrs. Fournier requested from each building a list of names of trainees who have not yet been grouped. From these lists, we find that the number of trainees remaining is 520. Hopefully, we shall be able to complete the project by August, 1972.

It was necessary this past year to change our method of innumerating the number of tests performed; eg. a complete urinalysis was formerly listed as one test; we are now required to list individually each test performed in a urinalysis: pH, sediment, specific gravity, etc. for a total of eight tests; also blood counts are listed as four tests instead of one; bilirubin: two instead of one; etc. As a result, the grand total for fiscal 1970-1971 is 29,545. This may give the impression that the increase is due solely to the method of recording; however by converting these figures for comparison with last year's total, I find an increase of 3,975 tests over 1969 - 1970. This is - I do not hesitate to say - the largest yearly increase since the opening of the laboratory.

There has been no change in the number of personnel during the past year, however



two of our technicians will be resigning shortly. Miss Chiulli is getting married and will be leaving in mid-August. Mrs. Ebinger is pregnant and will be leaving in September. Miss Chiulli has been in the laboratory for one year. Mrs. Ebinger has been with us for more than six years. She is an excellent technician and all of us are sorry to lose her; she will be missed professionally and personally.

The reduction in personnel will create a serious problem for the laboratory. It is hoped that this will be of short duration. However there is a considerable shortage of technicians and it may be some time before we are able to fill the vacancies. Schools will be contacted; if necessary notices will be placed in the local newspapers. I have contacted several laboratories asking if they will send in our direction any applicants for whom they have no position. We should get some response from these various sources.

Mrs. Uhl and I attended a course in Quality Control for Clinical Chemistry sponsored by the Department of Health, Education and Welfare and held at Cardianl Cushing Hospital in Brockton. It was most informative. Though much of the material was more relevant to laboratories much larger than ours, the basic method and principles of quality control are applicable to all laboratories.

Very respectfully submitted,

*Frances H. Thibault*

Frances H. Thibault  
Junior Chemist



## CLINICAL LABORATORY

YEARLY REPORT from JULY 1, 1970 to JUNE 30, 1971

## HEMATOLOGY

7  
2272 R.B.C.  
2570 W.B.C.  
2556 Hgb.  
364 Hematocrit  
2253 Sed. Rate  
Diff. & Smear

Smear Only  
Blood Indices

R. Arthritis  
C.R.P.  
A.S.L.  
L.E. Test

Bleeding Time  
Clotting Time  
Prothrombin -  
Whole  
Dilute

Blood Group  
Reverse Group  
Abs. Anti - A<sub>1</sub>  
Anti - A<sub>1</sub>B  
Anti - RhD  
Anti - CDE  
Anti - C  
Anti - c  
Anti - E  
Crossmatch  
Selectogen  
Coomb's Test  
Coomb's Control

## HEMATOLOGY

10 Platelets  
7 Reticulocytes  
Sickle Cells  
Fragility-  
1 Osmotic  
Capillary

URINE

pH  
Specific Grav.  
Albumin  
Sugar  
Bile  
Blood  
Ketone  
Sediment

Ph. Pyruvic

Addis Count  
Esbach  
Vol. 24 hr.

Acetone  
Diacetic  
Etc.

STOOLS

Blood  
Parasites  
Bile  
Fat  
Trypsin  
Starch

## SPINAL FLUID

2 Cells  
Diff  
Smear-Bact.  
Smear-TB  
3 Culture  
Sensitivity  
Globulin  
Protein  
Sugar  
Na  
K  
C1

OTHER FLUIDS

1 Cells  
2 Smear  
2 Culture  
2 Sensitivity  
1 Protein  
Sugar  
Etc.

GASTRIC-  
Analysis  
Complete  
Routine

VOMITUS  
2 Blood

## BACTERIOLOGY

12 Milk Count  
12 Coliform "  
110 Colony "

CULTURES

501 Bacterial  
59 Blood  
Fungus

Sensitivity  
Optochin  
Strep-A  
Coagulase

SMEARS

1 TB  
5 Bacterial  
Vincent's  
Meningococcus  
Gonococcus  
1 Trichomonas  
Fungus  
Lupus Eryth.

Creatinine Clrn.

95 E.C.G.

3 Autopsy

## CHEMISTRIES

776 Glucose  
Dextolstix  
5 Glucose Tol.

Urograph  
Urea N.  
Non-Protein N

Uric Acid  
Creatine  
Creatinine

Total Protein  
Albumin  
Globulin  
A/G Ratio

γ Globulin

Icteric Index  
Cephalin Flocc

Thymol Turb.  
Thymol Flocc.

Bilrub'n-1 min  
Bilirubin-Tot.

Iron  
Tlt. Iron Bd.Cap

Calcium  
Phosphorous  
Ph'tase-Alk.  
-Acid  
Ph'tab -Alk.  
-Acid

## CHEMISTRIES(cont)

227 Sodium  
226 Potassium  
229 Chloride  
CO<sub>2</sub> Content

Bromsulfalein

SGO-T  
SGP-T

Amylase

URINE CHEMS.

P.S.P.  
Thorazine  
Urobilin  
Urobilinogen  
Creatinine  
Sulkowitch  
Chloride

SENT

TB  
Fungus  
Heterophile  
Syph. Serol  
Virus Serol  
" Culture  
P.B.I.  
Total Iodine  
Pregnancy  
Sera  
Smear  
Profile  
Etc.

13799

10736

23

1631

1607

1749

GRAND TOTAL 29515



## ANNUAL REPORT

July 1, 1970 - June 30, 1971

I hereby respectfully submit the annual report of the Dental Department for the fiscal year ending June 30, 1971.

Examinations	1939
Prophylaxis	1219
Fillings	1004
Extractions	225
Gum Examinations	52
Local Anesthesia	274
New Dentures	1
Repair Dentures	4
Partials	0
Lab. hours	10
Dismissals	1090
New Patients	28
Total Operations	2441
Total Patients	2786
General Anesthesia Operations (Dr. Rae Dr. Kaplan)	73
Patients seen on consultations by Dr. Rae	7
Extracted in dental office by Dr. Rae	1

Respectfully submitted,

Joseph E. Wardner, DMD.

ANNUAL REPORT  
July 1, 1970 - June 30, 1971.

The following is the annual report of the Pharmacy for the fiscal year ending June 30, 1971.

As one of the major items in this report, we wish to state that our perpetual inventory is going well, with our records showing an accurate accounting of all the tranquilizers, anticonvulsants, sedatives and hypnotics, antidepressants, hypodermic needles and syringes, antihistamines etc. as being up to date.

Our usual quarterly inspection of all drug cabinets in each building was carried out, insuring adequate supplies of medications and fresh stocks of dated injectables and ointments were on hand. Any medication not in usable condition was returned and disposed of in the proper manner.

The new B.N.D.D. law and its requirements are being observed conscientiously. A separate and perpetual inventory of the drugs affected by this law is in operation.

During the past year we compounded and dispensed medicated soft soap, tooth powder, sterilizing alcohol, room deodorant, ointments, solutions and various other items required and requested by the staff physicians, included were also bandages, adhesives, rubber goods, sponges and intravenous fluids used by the various buildings.

A new and revised drug formulary was issued to all the staff physicians. New drugs were added and a few no longer being used or stocked were dropped.

We have shown an increase in vacation and out patient prescriptions during the past year, these are kept in a separate file.

The following amounts of the most widely used drugs were :

Tranquilizers	771,473 tablets and capsules
Anticonvulsants	307,880 tablets and capsules
Sedatives and hypnotics	264,531 tablets and capsules
Antibiotics	19,731 tablets and capsules
Antidepressants	10,058 tablets and capsules
Vials of Penicillin	2195
Tablets of Penicillin	40,064

Respectfully,

William P. Carter



Breakdown of figures sent in on yearly report.

Tranquilizers :

Compazine tabs.	3432
Meproamate tabs.	9231
Mellaril tabs.	260,358
Navane caps.	11,337
Haldol tabs.	19,225
Reserpine tabs.	4302
Stelazine tabs.	47,917
Thorazine tabs.	201,442
Taractan tabs.	2980
Valium tabs.	208,517
Compazine Inj.	16
Mellaril Conc. 4 oz. bottle.	80
Thorazine Inj.	79
Thorazine Syrup 4 oz. bottle	40
Valium amps.	357

Antibiotics :

Erythromycin tabs.	5333
" Susp. (60 cc each)	26
Tetracycline caps.	9405
" Syrup	452 oz.
Keflin amps.	472
Loridine amps.	281
Tablets of Penicillin	40,008
Vials of Penicillin	2192

Anti-Parkinsons :

Artane tabs. 2 mg	11,170
Artane tabs. 5 mg.	12,064

Anticonvulsants :

Celontin caps.	8496
Milantin caps.	205,083
Mysoline tabs.	41,387
Milontin caps.	18,494
Zarontin caps.	33,732

Antidepressants :

Tofranil tabs.	2072
Dextro-amphetamine tabs.	8325
Ritalin tabs.	2531

Sedatives and hypnotics :

Elixir Chloral Hydrate	652 oz.
Caps. Chloral Hydrate	11,520
Doriden	671
Luminal amps.	283
Mebaral tabs.	14,111
Noludar caps.	2744
Noludar liq.	---
Nembutal caps.	199
Phenobarbital tabs.	227,805
Phenobarbital elixir	299 oz.
Paraldehyde	1111
Sod. AMYTAL amp.	1104

# A N N U A L     R E P O R T

July 1, 1970 - June 30, 1971

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I hereby respectfully submit my third annual report of the Nursing Service for the fiscal year ending June 30, 1971.

In the nursing care of the mentally retarded it must be realized that because of the extraordinary demands sometimes encountered, it is necessary to build into the schedule a much higher degree of flexibility than is needed in other disciplines.

This past year the emphasis has continued on the trainee as an individual; to provide an opportunity for each trainee to develop to his fullest--socially, educationally and psychologically; and to promote and provide the optimum in nursing care.

The Kardex has been completed this past year and is now being utilized in every trainee residence. Nursing education has implemented a program in keeping the Kardex updated, and all nursing personnel are taught the effective, efficient use of Kardex in the care, programming, and goal-setting of the trainee. The Kardex has stimulated an interest in individualized care by providing a concise history for easy reference for all personnel.

The Trainee Aid program, under the capable leadership of Senior Licensed practical Nurse Helen C. Tero, has clearly demonstrated that the severely and profoundly retarded can be motivated and trained to become more productive and socialized



individuals within the institution community, and, for some, the opportunity to progress to community placement. Through a structured program content, reassigning ward personnel from routine care and duties, the Trainee Aid program is providing each individual trainee the opportunity to establish his maximum worth and potential.

The Trainee Aid program was instituted in July 1966, has now completed five (5) years of operation. The program started with one employee and four female adult trainees whose I.Q. ranged from 20 to 40,--the true "bench warmers." The training began in a ward of the Girls' Infirmary with the four trainees for brief periods, and as learning developed the time spent in the area was increased as well as the tasks assigned. The female trainees are taught bedmaking, washing beds, feeding infirm patients, sorting, tying and folding linen, and various other tasks associated with routine ward work.

In April 1968 the program was expanded to the Boys' Infirmary with eight of the severely retarded male trainees. These trainees are taught light janitorial skills; for example; washing beds and mattresses, washing windows, walls, floors, and the care of lavatory facilities.

In April 1969 the program was expanded to D Building. This area has both female and male trainees, the girls being taught light ward work and the boys the light janitorial skills. In November of 1969 the program expanded to Ewalt Nursery. Female trainees who had acquired specific skills are utilized in this area, with continued emphasis on learning and

1970-1971

2

socialization.

In May of 1971 a fifth area of training was started in A Building. In this area we have started with four girls and two boys in the training process.

To date there have been fourteen (14) graduates. These trainees have been placed on trainee-stipend work assignment by the Vocational Rehabilitation Counselor, and follow-up is done periodically by the program staff.

Social events are also part of the program. There are various parties, such as Christmas, Thanksgiving, and Easter; also, individual trainee birthdays are celebrated. Field trips to the community are also planned into the program as a means of improving social skills.

presently there are nine (9) employees on the staff of the program, and sixty-five (65) trainees. This number includes forty-four (44) females and twenty-one (21) males assigned as follows:

Girls' Infirmary	-	21
Boys' Infirmary	-	15
D Building	-	12
Ewalt Nursery	-	11
A Building	-	6

The Foster Grandparent program has continued to provide love and companionship on an individualized basis to ninety (90) of our children. This program requires minimal support, affords a sense of "worth" to the elderly, and enriches the lives of the boys and girls here at Wrentham. The program in some instances has greatly enhanced the team approach, and has not interfered with school policy.



The Employee Nursery School opened its door in May of 1970. During the past fiscal year it has grown to a present enrollment of fourteen (14) children, with the following position classifications utilizing this service;

- 1 M.D.
- 1 L.P.N.
- 1 Charge Attendant
- 7 Attendants
- 1 physical Therapy Aide
- 2 Clerks
- 1 Teachers' Aide

It is impossible to ascertain whether or not this program is having a direct effect on absenteeism. The program has proven meritorious in that two mothers who were formerly on public assistance are now gainfully employed, and it is providing a unique service to employees in need of such service, and has assisted in alleviating the endemic shortage of help.

All aspects of the Nursery School are in compliance with the rules and regulations of the Department of public Health. The service is offered to all full-time employees of the Wrentham State School. It functions on a seven day a week, fifty-two week a year basis, and the hours are 6:45 A.M. to 4:30 p.m. The applicant must comply with the requirements which in part include a physical examination and a birth certificate.

At the Nursery School the program attempts to achieve an atmosphere that is relaxed and casual, and also provides for periods of creative, quiet and active play. To date many field trips have been enjoyed by the children. The program is staffed by two Attendant Nurses, both high school graduates and both of whom have successfully completed a Standard First Aid course.

The Norfolk/Wrentham Cooperative program has continued to be a tremendous success. Recognizing the extreme shortage of male help at Wrentham and at other Mental Health facilities, the purpose and objectives of the program were to train inmates of a penal institution in Attendant Nurse duties, and, to those qualified, to offer employment upon release from prison. This program has proven that a vitally needed service is being rendered to the trainees, and the program is providing incarcerated men an avenue to become useful, productive citizens and to enjoy the human dignity, when earned, to which all human beings are entitled.

To date, fifty-two (52) men have been given a concentrated two-week, multi-discipline orientation in mental retardation, including a Standard American Red Cross First Aid course. Ten "Aides-in-Training", as the men are called, report to the Boys' Infirmary Sunday through Thursday for a seven hour day on-the-job training.

present plans for the program include a seven day week, emulating an employee's work week, with two days off. The Federal Grant has been written and submitted under the auspices of the Vocation Training Division of Employment Security so that the training aides can be paid a twenty dollar a week stipend. The approval of the grant will also provide additional correction officers, thereby allowing an expansion of training areas according to the aptitude of individual inmates.

As of the close of the fiscal year we have employed a total of seventeen (17) "graduates" of the program as regular



1970-1971

employees. Eight of this number have left employment for diverse reasons; however, only two of this number were considered undesirable.

The Norfolk/Wrentham program has proven, beyond our fondest hopes, a tremendous asset to the Nursing Service. Our trainees and I would like to express our thanks to all those who have contributed to the planning, the orientation, and the positive verbalizations of the program. In essence, the program in action is the ultimate in true rehabilitation.

The employee turnover rate continues, primarily in the Attendant Nurse position. In the past fiscal year we employed one hundred ninety two (192), and one hundred and eighty one (181) resigned or were terminated. This is forty-seven (47) fewer resignations than in the fiscal year 1970, which I consider a noticeable improvement and a constructive trend. In exit interview, some of the most frequent reasons given were; did not have aptitude for this type of work; poor pay; no baby sitter; cannot work hours required; days off conflict with family or social obligations; pregnancy; further education; moving; and work too arduous. (See Appendix A for a complete breakdown of terminations in the Attendant Nurse position.)

I recognize that the loss of trained, experienced employees also directly affects the quality of trainee care, has a direct effect on employee morale, use and abuse of supplies, wear and tear on equipment, and an increase in accidents and injuries. Despite our reduction in employee turn-

over we must continue to place emphasis in this direction.

In our professional staff we employed four registered nurses and eight licensed practical nurses. Lost by resignation were five registered nurses and fourteen licensed practical nurses. (See Appendix B for a complete breakdown of terminations in our professional nurse staff.)

Our daily illness rate continues to fluctuate between thirty to thirty-four personnel out daily this past year. This represents nearly two staff members out daily in each nursing unit, and when one considers vacations, holidays, and days off, our trainee/staff ratio remains very high. It is essential in providing optimal care that we continue every effort in the reduction of this figure.

Again this year Christmas gifts given to the trainees were plentiful and individualized to the trainees' developmental abilities and desires. The untiring efforts of Mr. Carchidi, Mr. Ring and Mrs. Gouin must be acknowledged for their excellent cooperation. Thanks must also be given to our Volunteer Department, community organizations for their donations and parties, in making the holidays a very busy and happy time for our trainees.

In Raymond Hospital in fiscal 1971 the following statistics were compiled:

Total admissions.....	452
Total discharges.....	462
Emergency Treatment Room Cases..	213
Deaths.....	23
Autopsies.....	12
Employee physical examinations..	340
Total Out-patient clinic visits.	249



1970-1971

Thus, the staff of the Raymond Hospital continues to meet the medical and surgical needs of our trainees, and provide the leadership in preventive medicine.

Silent fire drills continue to be held in all trainee residences monthly, and all new employees are oriented to the procedure and their role in case of an emergency. Emphasis is placed on prevention, good housekeeping, and sound safety principles. Your disaster plan has proven functional, and all nursing personnel review this plan periodically and stand ready to respond should the need arise. I am concerned about the number of industrial accidents and do look forward to a more concentrated safety program in the future. I would recommend "live" fire drills periodically.

I have directed that the function of the nursing supervisor extend to include community follow-up of trainees and community involvement in nursing problems of the mentally retarded.

New employees are being assigned to a unit and are being oriented in all buildings in the unit so as to create a flexibility in staffing. The supervisor is now making out time for said unit, thus providing greater stability in staffing patterns.

I also appreciate your continuing to meet with the nursing supervisors in seminars on principles and concepts of administration, and the problems inherent in nursing service. Feedback continues of a healthy and positive nature; thus, another tool is being utilized in making nursing supervision

more effective and also getting our middle management employees involved in decision making.

Mrs. Jacqueline White, Nursing Supervisor of the Geriatric Social Development Unit, has averaged over one hundred (100) visits each month to trainees she has placed in nursing homes. In the past year she has discharged sixty-three (63) and placed forty-one (41) trainees in nursing and/or rest homes. Many factors are taken into consideration before a trainee is considered eligible for placement. A trainee is occasionally recommended for placement by a member of the medical staff; however, it is Mrs. White's usual practice to go again and again into the building, checking the qualifications of the trainee and observing his functional ability in the nursing unit so that the most optimal therapeutic placement for the trainee is accomplished.

Many trainees have made remarkable progress in functional skills and social adjustment since being placed. They enjoy having the privacy of their own room, television, clothes closet, and a choice of daily activities; in other words, they have responsibility and a more individualized way of life.

Under the commendable supervision of Mrs. White, the Nursing Home program has continued to flourish, and with more staff assigned many more trainees will be placed and supervised. With Mrs. White acting as a consultant, teacher and advisor to the placement agency, a strong, healthy liaison of mutual benefit and cooperation now exists between the school and the placement agencies.



On July 1, 1971 Mrs. White retired. She will be truly missed as it has been through her expertise and untiring efforts the program has proven an overwhelming success. I have appointed Mrs. Joan Gunn, R.N., to replace Mrs. White, and I am confident she will perform most satisfactorily once she has been given the opportunity to study, organize and plan her duties and responsibilities.

Strong, continuous inservice education helps personnel to continue to grow at their jobs--helps them to perform better. By applying this philosophy to inservice, we have achieved some fairly impressive results. Our In-Service Education Service, under the capable direction of Mrs. Nora Kolseth, R.N., has continued staff development, including Standard and Advanced First Aid training. These courses have prepared our personnel for greater efficiency in dealing with medical emergencies and the promotion of an environment of safety consciousness. Other classes conducted throughout the year were: Basic Nursing Skills, Rehab Nursing, Sanitary Food Service, Survey of Exceptionality, Human Anatomy, and Behavior Modification.

The Basic Nursing Skills class was held for those personnel who had not learned the proper procedure of reporting temperature, pulse and respiration.

Sanitary Food Service was a subject that was vital, especially at that time with Infectious Hepatitis cases present. Each of the building kitchen personnel took a test previous to these classes which enabled us to structure the class content

1970-1971

accordingly. Dr. Monedjikova was consulted before the class began to provide the basic guidelines, and handouts were issued for placement in all trainee residences.

"Survey of Exceptionality" was offered by Fitchburg State College on a graduate and undergraduate level. Many teachers from the Quinn School, surrounding towns, and other disciplines at the school here attended.

The Behavior Modification classes were started when Mrs. Ela returned from the seminar on behavior modification in Ohio. The personnel appeared to be responsive to theory but most unresponsive to the one-to-one follow-up in E Building. Many reasons were given, the chief one being that they would rather work with their own "children."

The Rehab Nursing class was given only once this past year, due to instructor shortage. Taught in this class are; dangers of bed rest, good body mechanics, range of joint motion, bowel and bladder training, position transferring in bed and bed to wheelchair. I anticipate with the appointment of a nursing instructor greater emphasis can be placed on teaching nursing personnel in our infirmed residences in this vital area.

Our In-Service Department continues two day affiliations with New England Deaconess Hospital and Children's Hospital Schools of Nursing. One day affiliations are also held with Quincy Vocational and the peabody and pondville Schools of practical Nursing.

Under the guidance and supervision of the In-Service



staff the following committees continued an active role and made essential contributions to the Nursing Service: Building Leadership Committee, Medication Committee, and procedure Committee. In addition, a regular scheduled film program was presented. (See Appendix C.)

The In-Service Education staff spent many hours with employees seeking information and literature for furthering their education, in encouraging those already enrolled in degree and diploma programs, and assisting students in nearby colleges with project material and audio-visual aids.

In reporting the work and contributions of the Nursing Education Department for the past year I have highlighted those areas of concern. Another advantage of this department is its daily task of developing a stronger interpersonal relationship between allied professional disciplines. When one recognizes that this department is largely concerned and responsible for the in-service education of five hundred and sixty-five (565) employees, of whom five hundred and thirty-seven (537) are responsible for the direct care of our trainees, I urge that you make every endeavor, in your budget requests, for an Assistant Director of Nursing Education and a Nursing Instructor. These positions were terminated with the curtailment of our In-Service Training Grant in June of 1969 and never picked up by the Commonwealth.

This past year saw eight of our Attendant Nurses accepted under Traineeship to the School of practical Nursing at Foxborough State Hospital, and two employees graduate from Junior

College with an Associate Degree in Nursing. All were on full salaried educational leave, and I certainly acknowledge your support and approval to upgrade our professional nursing staff. Many of our professional nurses continue to take courses on a part-time basis at local colleges and universities. These programs represent an investment in time and money to Wrentham; however, it will provide the necessary professional staff to meet the needs of our trainees now and in the future. Advanced educational programs such as these afford those employees with the initiative and academic ability upward social mobility which would otherwise be financially impossible, and to the trainee the comprehensive theory and skills of the professional nurse so urgently needed in the care of the mentally retarded.

I would also like to acknowledge your placement of a nurse on the pharmacology Committee. The membership in this committee will increase our knowledge of drugs and enable us to give better care to our trainees on medication. Another benefit we will derive is the development of a stronger interpersonal relationship with closely allied professional disciplines.

Again I would like to call your attention to the need for training programs in labor relations for nursing supervisory personnel. With a signed contract with the A.F.L.-C.I.O., official bargaining agent for most of the personnel, and the M.N.A. for professional nurses, there is an explicit need to assist the supervisory staff in developing an awareness of



and a skill in documentation of disciplinary action, a more thorough and critical evaluation of employee performance, a more comprehensive understanding of the needs for job descriptions and job evaluations, and a deeper understanding of the need for fair and impartial treatment of all employees.

Administratively, your Director has participated in many meetings, such as monthly meetings with building charges, the A.M. report with supervisors and nursing education personnel, A P A C, Department Heads, Directors of Nurses, Food Meetings, and promotion Board, just to mention a few. Meetings are essential for good communication, but whenever possible, must be utilized for staff development by promoting educational discussions.

Under the supervision of the Raymond Hospital physicians, all employees entering Nursing Service were given a comprehensive physical examination. Follow-up on all medical idiosyncrasies detected was done to ensure full medical protection for our employees and trainees.

We continued an active Tuberculosis detection program amongst the trainees and employees, all being Mantoux-tested, with all positives X-rayed. Stool cultures were done on all food handlers.

The goals for next year are:

1. Set up dayrooms and/or playrooms in Boys' Infirmary, Girls' Infirmary, and "D" Building.
2. Set up short-term psychiatric service.
3. Complete Ewalt Nursery playground.

4. Continue to implement installation of heavy duty lawn swings outside all residential areas.
5. Review, revise laundry discard and inventory system.
6. Review, revise procedure of cleansing diapers in buildings. Installation of "flush sinks".
7. Establish a Safety program and reactivation of the "Hazards Committee" - emphasis on prevention of accidents.
8. Expansion of the Trainee Aid program under Miss Tero's direction.
9. Continued improvement of Dental program:
  - A. In-Service classes in dental care and hygiene.
  - B. Further implementation of mechanical tooth brushes.
  - C. Toothpaste in all trainee residences.
10. In-Service Education:
  - A. Continue Orientation program.
  - B. Continue classes in Mental Retardation.
  - C. Classes in Supervisory principles.
  - D. Continue Supervisors' seminars (Superintendent).
  - E. Continue sending departmental employees on "educational leave".
  - F. Continue rehabilitation nursing classes.
  - G. Continue Behavior Modification classes.
  - H. Encourage placement of Mental Retardation firmly in the curriculum of nursing students.
  - I. To have classes for all levels of personnel in the area of human-behavior relations.
  - J. To update the nursing library - expand volumes.
  - K. To offer undergraduate courses on campus to our attendant-level personnel.
  - L. To increase greatly our handout material.
11. plan and initiate off-duty recreation programs for employees--utilizing gym, swimming pool, etc.
12. Lower census in Boys' Infirmary and Girls' Infirmary.
13. Homogeneous grouping of trainees presently in Girls' Infirmary, Boys' Infirmary, according to their ability, for better utilization of existing facilities and staff. All buildings will be Co-ed. The names of the buildings should be changed.
  - A. present Girls' Infirmary - infirm with immediate goals including: Occupational therapy, physiotherapy, 4-H Club for pets such as fish, birds, hamsters, gerbils, etc., and plants inside and a



garden outside. Recreation including dances in the Building, trips to parks, zoos, shopping centers.

14. The establishment and staffing of a blind unit in Girls' Infirmary.
15. Screen in open porches between Wards 5 and 6 - Girls' Infirmary.
16. Move washer, dryer, sewing machine and ironing board to room in basement of Boys' Infirmary--near present clothing room, thus coordinating all clothing projects in one area and making the first floor room a medical office for Building Doctor.
17. Remove Bradley Sinks in Girls' Infirmary and "A" Building. They are non-functional, a breeding place for vermin and take up valuable space.
18. Do cost analysis on diapers, relative to laundering, purchasing, plumbing, and employee time versus a diaper service.
19. Reduce absenteeism;
  - A. Better selection of applicants.
  - B. Sick calls--follow-up, evaluation.
  - C. Safety classes - reduction of Industrial Accidents.
  - D. Legislative Action - change of policy.
20. Review medication procedure;
  - A. Dispensing of medication.
  - B. New medicine closets.
  - C. Ordering of medication - review - revise.
  - D. Security of present locks.
21. pharmacy Committee - I request a name be placed on this committee.
22. plumbing Renovations: G - B/I - D and the nurseries.
23. Expansion of the Norfolk/Wrentham Cooperative program. procurement of Federal funds by a Grant.
24. Expansion of the Nurses' role in the community - expand Nursing Home placement and increase staff.
25. Humanization of all residential areas, relative to furniture, clothing, furnishings, personal hygiene.
26. A closer therapeutic working relationship with all members of the "multi-discipline team" so as to promote the

maximum growth and development in each individual trainee.

27. Consistent review and analysis of our goals throughout the year.

In broad range plans, I submit for your serious consideration the planning and implementation of the establishment of a housekeeping department responsible for all trainee residences, the responsibility and complete takeover of all dietary services and laundry services under the jurisdiction of the Business Manager. I call to your attention the drastic need of clothing caretaker positions if we are ever going to meet the individual care and clothing needs of our trainees, so vitally needed for self-identification.

I look to nursing to encourage diversity that will permit individuals to seek out various paths for personal career satisfaction and that will, at the same time, facilitate the provision of service to those seeking health service--services that will be recognized as necessary in the future as well as those offered now. I look to nursing to decide not to write off areas of activity because they have traditionally been the domain of the physician, but to recognize that the economic facts of life may militate in favor of different approaches to compensation from those so far manifested, and to encourage innovation in all aspects of professional nursing, with all professional disciplines involved in providing health services. Should not professional nurses have the opportunity to increase the range of their performance to meet the needs of the mentally retarded and the general population for health services?



With the concept of unitization slowing being implemented here at Wrentham, I only ask that flexibility, imagination and communication be considered, as it will make a marked difference in the care given and in the individual personal tone of the unit. When all members of the staff share a common value system, when they attach importance and value to particular attitudes and behavior, when they are motivated by similar beliefs about the good care of the mentally retarded, then and only then will that care come.

I would like to express my sincere thanks to my two capable assistants, Mrs. Kathleen Sawyer and Mrs. Nora Kolseth, and all other members of the Nursing Staff, to the Medical Staff, and all my co-department heads for their cooperation, guidance and assistance rendered during the past year. With your diligent and understanding leadership and guidance, we shall continue our endeavors to cooperate with all disciplines in developing improved programs and training for the mentally retarded at Wrentham State School and in the community. In the final analysis, we all have a common, constant interest in instilling an awareness in all personnel that there is only one person the School exists for---THE TRAINEE.


#### Epilogue:

We must work better with everything we have. We must keep our windows clean and turn on the lights against the common twilight. We must realize whenever men and women face life with dignity, courage and kindness, then the

1970-1971

beauty of maturity and the maturity of incompleteness will  
come.

Respectfully submitted,

  
William H. Cummings, R.N.  
Director of Nursing

WHC/ea

Enc.: Appendix A  
Appendix B  
Appendix C



## Appendix A

July 1970 - June 1971

	REASONS FOR TERMINATION												
	1970						1971						
	July	Aug.	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	Mar.	Apr.	May	June	Total
Return to school	1	9	13			7	7		4		4	1	46
To be at home	3	5	5	3		1	1	4	2		3	1	28
Unable to adapt	2	5	1	2	1	3	3		2	2	1	1	23
New job.	1	4	3	1	1		3	2	1	2	1		19
Illness	4	2	1			1			4		1	2	15
Terminated	2		1	1	2		2	1			2		11
Retirement	2		1		1		2	1	1	2		1	11
Moving out of state	3	2	1		1					1	1	1	10
Transfer to other Dept.			1				5		4				10
To attend school		1	1			1	4			1			8
Pregnancy	1		1	1			2	1	2				8
Transfer to other Installation	1		2	1									4
Resigned without notice	1			1			1			1			4
Death	1									1			2
Marriage	1												1
TOTALS	23	28	31	10	6	13	30	9	20	10	13	7	= 200

PROFESSIONAL STAFF

Resigned		New Employees	
R.N.'s	L.P.N.'s	R.N.'s	L.P.N.'s
5	14	4	8
Reasons: (2) Moving (1) Marriage (1) At home (1) pregnancy	Reasons: (4) At home (3) Transfer (2) Illness (2) New job (2) Retired (1) Moving		

PROMOTIONS

Attendant	Charge Att.	L.P.N.	G.N. (A.D.)	R.T. or O.T.	Security Officer	Unit Director	Instructor	A.D.O.N. Ed.
							1.....	
		1.....						
		1.....						
2.....								
1.....								
5.....								
6.....								
5.....								
19	1	1					1	= 22 Total



WRENTHAM STATE SCHOOL  
In-Service Education  
COMPILATION OF FILM STATISTICS  
July 1, 1970 - June 30, 1971

Month	Films Shown	No. of Showings	R.N.'s	L.P.N.'s	Attend-ants	Others	Total Audience	Type of Audience**
July '70(								
Aug. " )	12	17	22		99	90	211	a,c,d,e,f
Sept. " (								
Oct. "	12	15	2	17	97	66	182	a,c,d,h
Nov. "	8	13	2	2	73	73	150	b,c,d,h
Dec. "	2	3	2	1	19	1	23	c,f
Jan. '71	15	27	6		116	272	394	a,b,c,d,e,g,h
Feb. "	10	10	4		68	4	76	a,b,c,f
Mar. "	5	7	9		6	251	266	a,b,d,e,g
Apr. "	8	14			37	153	190	a,d,e,g,h
May "	10	16			15	297	312	a,b,c,e,g
June "	9	10	13		20	174	207	b,c,d,g
TOTALS	91	132	60	20	550	1381	2011	

**\*\*Audience Code**

- a. Orientation
  - b. In-Service Education
  - c. First Aid Class
  - d. Student Nurses
  - e. Special program
  - f. preview
  - g. Farm Film program
  - h. Volunteers
- (Norfolk/Wrentham Orientation not included.)

## ANNUAL REPORT

July 1, 1970 - June 30, 1971

I hereby respectfully submit the Annual Report of the Assistant Superintendent for Social Development, Education and Training for the fiscal year ending June 30, 1971.

I have fulfilled the duties and responsibilities of the Assistant Superintendent for Social Development, Education and Training since my appointment to this position on December 20, 1970.

Specific data concerning the activities and programs of the Education and Training Departments of the Wrentham State School will be found in the Annual Reports of the Supervisor in Education, The School Principal, the Head Occupational Therapist, the Rehabilitation Counselors, the Unit Directors and the Workshop Director.

The Education and Training Department in the past year has placed emphasis on the following aspects of services:

1. Improvement in the delivery of services to the trainees at Wrentham State School.
2. Enlargement of existing programs to increase the number of trainees involved in programs.
3. Planning and implementation of new programs for the trainees.
4. Through unitization we have attempted to improve the environmental living conditions of all the trainees at Wrentham State School.
5. Identification and evaluation of all trainees in need of new and innovative programming, i.e. blind retardates, deaf retardates and other multiple handicapped trainees.

### Unitization:

In January of 1971 the appointment of three functional Unit Directors became



effective. The fourth Functional Unit Director was appointed in March of 1971.

The units were broken down as follows:

1. Children's Unit
2. Adolescent Unit
3. Adult Unit
4. Behavior Modification Unit

In June of 1971 three physicians were appointed to the following units:

1. Girls' Infirmary Unit
2. Boys' Infirmary Unit
3. Hospital Unit

At the present time we have a total of seven units, with unit multi-disciplinary team functioning in four units.

The basic goals of the unit teams are to improve delivery of service, to make services available to all trainees, to improve the environmental structure of their respective units and to improve the compatibility of the trainees living in buildings by the use of transfer and screening.

The Unit Directors meet on a weekly basis with the Assistant Superintendent for Social Development and also periodically with the Superintendent.

Since the inception of unitization, more referrals have been made to program areas and each program area has increased substantially.

#### Education and Training Department

From July 1, 1970 to June 30, 1971 the Education and Training programs have serviced 1,387 trainees. The breakdown of the different program areas is as follows:

1. Wrentham Industrial Workshop	101	trainees
2. Recreation Department	850	trainees
3. Occupational Therapy Department	111	trainees
4. Karl Quinn School	325	trainees
Total	1387	



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In addition to the above total another 450 trainees were involved in summer programs under Federal Grant 89-313 from the Massachusetts Department of Education.

The 89-313 grant has also supplied three teacher aides to work with trainees in the Children's Unit. The teacher aides are involved in behavior modification programs to improve self-help skills, and socialization skills.

Under the 89-313 grant one Institutional School Teacher position was provided for at the Walpole Nursery Program, for pre-school retardates.

The Wrentham Industrial Workshop has expanded during the period from July 1, 1970 to June 30, 1971. It has not yet reached its maximum capacity for providing training and productive employment for eligible trainees.

Contract work has been available on a continuous basis throughout the year, with a few slack periods. A workshop ceramics program to provide a prime manufacturing item to fill in during periods of slack, was instituted in June of 1971. The ceramic program was instituted under the 89-313 Federal Grant, through the Massachusetts Department of Education.

The Recreation Department has expanded its facilities with the acquisition of M Building as a central recreation center. The new recreation center has enabled the recreation staff to increase the number of trainees involved in recreation programs.

Recreation therapists are involved in the unitization programs to the extent of being unit team members, and assisting the unit team in identifying residents for specific programs, and planning new programs for trainees.

The swimming pool has been used extensively (both pools) by the recreation and the physical education staff.

The Occupational Therapy Department has become involved in the unitization program, continuing on-going occupational therapy with small groups within the



units.

Evaluation of candidates for the Wrentham Industrial Workshop and the planning of specific programs to improve the functioning of the trainee for acceptance into the workshop program remains a prime function of the occupational therapist.

The Karl V. Quinn School staff has continued to develop and improve educational services for 325 trainees.

One teacher was assigned to the Girls' Infirmary building and three teacher aides were assigned to the Children's Unit. The first purpose of building teachers is to provide services for trainees that may profit from educational services but are unable to attend the regular classroom programs. The second purpose is to prepare younger trainees for eventual admission into the regular classroom programs.

All regular classroom teachers are assigned to unit teams to act as educational consultants and advisors.

#### Program Needs

1. Increased staff to provide more teachers and teacher aides to provide direct educational services for the trainees within the units, i.e. multiple handicapped trainees.
2. The need to provide programs for the blind and deaf retardate is being explored at the present time by members of the Education and Training Department, and by members of Nursing Service. It is feasible that in the near future we will provide education for the blind retardate and increased educational services for the deaf retardate.
3. Increase in staff for the Wrentham Industrial Workshop (two Vocational Instructors) to enable the workshop program to handle an increased number of clients.



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Summary

The Education and Training Department has in the past year increased the number of trainees in all programs. In addition the quality of the programs has been reviewed and improved by the supervisors. The delivery of services has become more effective and widespread with the inception of the unit teams.

Under unitization all trainees are involved or being considered for involvement in programs.

The level of functioning of the trainees in the school programs has dropped and it can be anticipated that the level will drop further as more community placements are made. As the level drops the training must become more intensified to improve the abilities of the severely and multiply-handicapped trainee.

In some training areas the necessity for smaller groups will prevail in order to improve the functioning of the severely retarded.

With the use of teacher aides via the 89-313 Federal Grant some training areas will be able to handle larger numbers of trainees.

Consideration should be given to the increased need for teachers, instructors and therapists to fulfill the needs of intensified training for multiply-handicapped and severely retarded trainees.

Respectfully submitted,

*Frederick W. Adams*  
Frederick W. Adams  
Assistant Superintendent for Social  
Development, Education and Training



## ANNUAL REPORT

July 1, 1970 - June 30, 1971

I hereby submit the Annual Report of the Supervisor in Education for the fiscal year ending June 30, 1971.

The following report covers some of the specific areas of involvement during the past year.

During the months of October to December the Supervisor in Education attended meetings, conferences and committees, and handled, as required, other specific duties ordinarily carried out by the Assistant Superintendent for Social Development, Education and Training in the interim when this position was vacant.

### State Wide Implementation Committee

As the appointed representative of Wrentham State School to the State Wide Implementation Committee, the Supervisor in Education attended all monthly meetings and participated in the discussion of issues presented at the committee. Information, data and recommendations were then discussed with the Assistant Superintendent for Social Development, Education and Training to be presented at the internal implementation committee (A.P.A.C.) at Wrentham. Some of the issues discussed during the year have included: nursing homes, halfway houses, stipend, education and training procedures, criteria for regional centers, and the new Department of Mental Health regulations regarding the mentally retarded.

### Committee on State School Data

Attended and participated in the State School Data Committee chaired by Dr. Arthur Bindman. This committee was formed to utilize the printouts from Dr. Grosser's office containing data on the third and fourth quartiles classifying residents of the four state schools. The objectives of the committee were to review the residents listed in quartile three and four in terms of alternative placements within the institution or in the community setting; to determine if



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the printouts in quartile one and two would be helpful in unitization; and to develop an on-going information system (based on this study) to insure that each resident was reviewed regularly in terms of appropriate placement.

#### Wrentham Industrial Workshop

In previous years and during the period until October 1970, the Supervisor in Education devoted part-time to the role of director of Wrentham Industrial Workshop. As of October 1970, a full time staff member was assigned the duties of directing the expanded operations of the workshop and the Supervisor in Education's role is now advisory.

#### Community Evaluation and Rehabilitation Clinic

Involvement in the out-patient clinic has increased this year. All clinic conferences were attended and involvement in school related and educational placement cases were specifically handled.

Part of the role of Supervisor in Education within the clinic is representing the education and training department and identifying to the clinic staff the services and programs available to community-based retardates. When appropriate, C.E.R.C. clients are referred to the education and training departments for evaluation and service (ie speech, occupational therapy, academic school).

Community visits are made to all towns within Region V to become familiar with the special educational programs available in specific public schools or regional programs. Periodic visits are also done to maintain contact with the school administrators and special education departments.

Specific C.E.R.C. case investigations are accomplished by observation of the child in his present school setting in the community and problems are reviewed and discussed with the special class teacher and other appropriate personnel. Findings and recommendations are presented at the C.E.R.C. case conference. Additional visits are made to the school when specific recommendations are made for the child



-5-

or to clarify and discuss program suggestions.

Contact is also maintained with the Department of Education, Bureau of Special Education and related public and private agencies and services.

Project Director: Federal Educational Grants - Aid to the Handicapped (89-313) and Vocational Education (90-576)

An additional duty of the Supervisor in Education includes the following federal grant responsibilities:

- a) initiation of proposals for specific programs which might be appropriate for possible 89-313 funding
- b) review of program proposals to determine validity and feasibility of various proposed activities
- c) development of final grant applications including finalized program proposals, statistical data, budget, and other specifics as required by the funding agencies
- d) supervision of expenditures and day to day determinations of policy and procedures appropriate to grant activities: including requisitioning of equipment, materials, and supplies, staffing, inventories, and related functions
- e) supervision of the preparation of progress reports, evaluation reports, and final report on program activities

During the past school year (1970-71) an initial P.L. 89-313 proposal was submitted for \$74,200.00. An amended application was filed in May for special funding of several additional programs to increase the total funding (requested and approved) to \$135,360.00 for the current year. A new application (for 89-313 projects and funding) was submitted on July 1, 1971. This application requested grant funding for six project programs during the period from 9/1/71 to 8/31/72. We are now awaiting a decision regarding this grant award.



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A project proposal for funding of a Vocational Training Program under P.L. 90-576 was submitted in September 1970. The original application involved project activities of \$98,800.00. We have received a verbal confirmation of an award of approximately \$30,000.00 to begin this vocational training program.

A consultant has been provided to assist in the administration procedure and in the programming functions of our 89-313 program. This consultant (the Project Director during the initial three years of our 89-313 programs at Wrentham State School) provides advisory assistance to the project director in program planning, preparation of applications, evaluation procedures and final reports.

#### General Programming Responsibilities

The following are additional and on-going responsibilities of the Supervisor in Education:

- 1) Assisting teaching staff with specialized procedures, techniques and materials especially related to their specific work with an individual or groups who represent educational and training problems.
- 2) Assisting in coordinating programs of the community based trainees (through our Community Evaluation and Rehabilitation Clinic and in both community and intra-institutional contacts).
- 3) Assisting in developing program plans, supervision, and coordination of on-going programs within the Education and Training Department.
- 4) Involvement is continuous in all areas pertaining to the academic school and therapies and consists of coordination of these areas in regard to individual trainees' programs.
- 5) Maintaining education and training data on each trainee enrolled in formal and regular programs - as well as those who are awaiting special services in various specialized training programs. General analyses of the total resident and day population in regard to diagnostic, etiological, classifications and specific handicap conditions as an informal source for



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coordinating, planning and developing education and training programs and to provide general guidelines and statistical data for completion of grant applications and related programming responsibilities of education and training supervision and administration.

- 6) Referrals are processed and arrangements are made for evaluations in the academic and therapy areas. Evaluations are followed by discussion with Unit Directors, Head Occupational Therapist, Principal an/or Rehabilitation Counselor.

Beginning in the 1970-71 academic year an evaluation teacher was employed (under 89-313 federal funding) to evaluate students for referral to education and training programs. This phase of the school program has been contemplated for a number of years but because of lack of staff it had not previously been possible. The Supervisor in Education directly supervised this teacher and assisted in coordinating and integrating her functions into the education and training programs. This new program has proved to be very beneficial to the trainees as there is now an opportunity for more of an intensive and, if necessary, extensive evaluation for school placement. Follow-up is also a part of this program to insure the continued appropriateness of the placement and to assist in any problems that might arise. It is now possible to consider more limited trainees for school enrollment.

Respectfully submitted,

*Leslie Bradbury*  
(Mrs.) Leslie Bradbury  
Supervisor in Education



## ANNUAL REPORT

July 1, 1970 - June 30, 1971

I hereby respectfully submit the Annual Report of the School Department (Karl V. Quinn School).

The School Department functioned in the usual manner during the past school year. The school year opened on September 14, 1970 and closed on June 18, 1971.

Two teachers were appointed to the staff to fill existing vacancies. Mrs. Anne Barclay, Bachelor of Science in Education from the University of Massachusetts, Amherst. Miss Catherine Jefferson (20+ years a teacher and Principal with the Sisters of Mercy, Worcester, Massachusetts.)

The School Department trained the following student teachers during the school year:

Nancy Hamilton, Fitchburg State College  
Jean Savinen, Fitchburg State College  
Linda Fazio, Fitchburg State College  
Mary Gayton, Fitchburg State College  
Kathleen O'Brien, Fitchburg State College  
Pamela Reeves, Rhode Island Junior College  
Linda Breen, Boston College  
Barbara Crockett, Boston College

The enrollment for the school year including Educable, Trainable, Multiple-Handicapped and Adult Education Program was as follows:

Child Development	46
Opportunity Classes	60
Readiness Classes	16
First Grade	32
Second Grade	22
Third Grade	13
Fourth to Sixth Grades	16
Adult Education Classes	63
Multiple Handicapped	<u>18</u>
Total	286



### Special Programs:

Physical Education (boys and girls)	138
Speech and Hearing Therapy	94
Home Economics	26
Music (choral)	<u>204</u>
Total	462

The Adult Education and Multiple Handicapped Program is a specialized program. The basic course of study: reading, arithmetic, telling of time, handling money, use of the telephone, writing, and basic spelling words, field trips, etc.

Numerous groups of students from various high schools (including the High School Careers Program) colleges and medical schools and professional groups along with many individuals, social and civic groups visited the Karl V. Quinn School during the past year.

The Principal of the Karl V. Quinn School was appointed Membership Chairman and Ad Hoc Chairman for Massachusetts at the Annual Conference of the American Association on Mental Deficiency, Northeast Region X, held in October at the Provincetown Inn, Provincetown, Massachusetts.

The Principal of the Karl V. Quinn School (President of the Norfolk County Teachers' Association, 6000 members during the year 1968-1969) received the first - Norfolk County Teachers' Association Honor Award - for service to education and the teaching profession.

The Principal attended many Special Education Conferences at Fitchburg State College, Boston University, Boston College, Massachusetts Department of Special Education, and attended the Region X Conference of the American Association on Mental Deficiency at Provincetown and the National American Association on Mental Deficiency Convention held in Houston, Texas.

Several hundred persons visited the Karl V. Quinn School on Thursday, May 13th from 9:00 a.m. to 3:30 p.m. for the Annual Open House. Most were parents



with children at the school, others were educators interested in the forward-looking program being practiced at the Karl V. Quinn School, and still others were just interested citizens.

The school year ended as it started on a happy note with the Karl V. Quinn School Annual Prom (semi-formal). Music for the occasion was provided by Ed Bedard and his ten piece orchestra (music provided gratis by the Norwood Musicians' Union).

Respectfully submitted,

*John J. O'Donnell*  
John J. O'Donnell  
Principal



## ANNUAL REPORT

July 1, 1970 - June 30, 1971

I hereby submit the Annual Report of the Unit Director of the Adolescent Unit for the fiscal year ending June 30, 1971.

The purpose of this report is to produce for the record a synopsis of statistics, events, activities, changes and trends in the Adolescent Unit that have taken place since January 11 of this year. January 11 was the day on which the Functional Unit Director assumed duties and responsibilities for the unit comprised of "O" Building, "B" Building, Nursery 3 and Nursery 4; hereafter known as the Adolescent Unit.

### The Role of the Unit Director

Under unitization the Unit Director becomes fundamentally responsible for all goings on in his unit. This is a responsibility that involves several specific functions. The following functions have been established to date:

Files and records - I have developed a comprehensive card file on all trainees within the unit, designed to contain information relative to the trainees' personal needs - from programs existing or proposed, to special medical problems that may exist. The accuracy of this file depends upon having some established means for obtaining and recording recent information. I have designated the unit team meetings as a time for gathering such information. I have also completed a rotation file for photographs which are kept in the medical records office. If and when necessary, special files are kept on certain trainees as a written monitor on behavior, including recommendations and programs designed and carried out by the unit team for hopeful improvement. Other records kept by the Unit Director are statistics on the unit, grant proposals and summer program notes, admissions information, transfer information, physical plant needs for the unit,



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minutes and proposals from unit team meetings, budget proposals, parent correspondence, nursing education information, U. S. Government publications on careers in mental health, volunteer services, social service and psychology.

Team Meetings - I have gathered together a group of people all working within the adolescent unit for the purpose of providing a multidiscipline approach to the management of our unit. These people comprise the unit team. The various disciplines represented are medical service, social service, psychology, nursing service, occupational therapy, recreation therapy, and vocational rehabilitation. The team meets on a frequent basis to discuss and recommend plans for the unit. In reality, the total unit team is about 20 people. This is too many people to tie up at meetings. To remedy that I have been sending out the agenda for each meeting in advance, so that the various persons involved may determine whether their presence is necessary. This tends to reduce the attendance to a manageable, more efficient group for each meeting. The Unit Director chairs the meeting and is responsible for follow-up on any matters brought out at the meeting.

#### Coordination of Services

Unitization presumes that the average trainee's activity schedule will increase. Such a situation is of much more benefit to the individual trainee, but it should be remembered that this also presents many complications in scheduling. Added to that is the fact that we are grossly under staffed with direct care personnel who in the last analysis are the ones to implement the plans that have been made. Therefore, it is the Unit Director's job to oversee, with the nursing supervisor, the efficient use of direct care staff, budgeting requests for more staff, and the coordination of services being provided.



### Consultation with the Superintendent

The Unit Director is directly responsible to the Superintendent of the institution, and the Assistant Superintendent for Social Development, Education and Training in matters pertaining to the latter's job. I have been meeting with both these people on a reasonably frequent basis to assess and plan our goals for the unit and the direction they are taking. Channels of communication between the Unit Director, the Superintendent and the Asst. Superintendent for Social Development, Education and Training have been wide open. This organizational structure is not only convenient but necessary for the Unit Director to interact effectively with the various disciplines working in the unit.

### Transfer Committee and Procedure

The title "Adolescent Unit" does not presume that a particular individual will be an adolescent all his life. We must, therefore, provide a means for transferring those trainees who reside in an area that no longer suits their needs. The transfer committee, then, makes a group decision on the validity of any particular transfer. Prior to this decision, the Unit Director becomes involved in discussions with the team physician and direct care personnel. He also consults the Unit Director from the area for which the trainee is being considered. This Unit Director, in turn, consults with his team physician and direct care personnel. If there are not any serious objections to the contrary, the transfer is approved.

The Unit Director accepts from anyone a recommendation for a transfer. I keep a list of such names and work from it unless circumstances call for an immediate transfer action.

Since January 11, over 30 transfers have been approved that have some involvement with the adolescent unit. Close to 75 cases were discussed, several



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bringing a verdict of "no transfer, for the present". If all other units are considered, it can be seen that the transfer committee and those involved in preliminary discussion have had a full work load.

#### Admissions

The Unit Director presently performs the function of informing the Asst. Superintendent of Social Development, Education and Training on a monthly basis, of any availability within the unit for new admission. I am presently working out the details of a procedure for the Unit Director to become more involved with admissions candidates. This would involve home visits, parent conferences and advance program planning. I have also agreed to participate in the orientation upon arrival of the new resident and accompanying family. It is important that the Unit Director be involved in admissions procedure because he can then adequately plan for new admissions and have some idea of how many community placements need to be made in order to keep from overpopulating the institution.

#### Community Evaluation and Rehabilitation Clinic (CERC)

The CERC clinic has the responsibility of evaluating those cases in the community that have been referred for the purpose of admission or, preferably, for direction toward some other service or agency. The Unit Director should be kept informed by the psychologist and the social worker involved in advance of the CERC discussion of the case. This way he can contribute to the discussion by virtue of assessing what his unit may have to offer for an admission candidate. In regard to short term admission and day care, the Unit Director - if informed - can plan for programming, foster good parent-institution relationships and prepare direct care staff for incoming short term admissions. It seems likely that short term admissions and day care students will soon increase in number, and if we are to program all trainees appropriately the type of involvement I speak of seems quite necessary. At this point in time these suggestions should be viewed as goals rather than accomplished facts.



### Summer Program

Under the 89-313 grant the Adolescent Unit has embarked on a program to augment the ability of some of our trainees in self-help and living skills. We currently have 3 teacher aides in each of our four buildings. These teacher aides have been working on feeding and dressing skills and, in several cases, more sophisticated self-help skills like shoe polishing, shaving, cooking, sewing, ironing, etc. The progress of the program has been acceptable over these past nine weeks. I have asked for full reports from the summer supervisors and have arranged for some open discussion at the completion of the program. From this we can possibly develop a few year round programs as an extension of what was begun this summer.

### Year Round Programs

The Karl V. Quinn School operates very minimally in the summer, but enrollment increases in the fall. Plans for September include increased enrollment, membership on the unit team of one teacher, re-evaluation of class materials and class lists. There are also plans in the works for a teacher to be working directly in the unit.

Although recreational therapy operates at peak in the summer months, the department is a year round activity. Trainees in the Adolescent Unit take particular advantage of this and I have noted some increase in participation. I have worked with the recreation supervisor for coordination of activities and some new activities such as inter-building parties and dances. The recreation supervisor is invited to visit team meetings and it is through the vehicle of the unit team that we expect to increase the recreational schedule within the unit. The pool, also within recreation jurisdiction, has made several efforts through the Unit Director to increase attendance and produce a better balance of participants. The goal - within the physical limits of recreation staffing - is to provide recreation for all, minimizing bench-sitting and inactivity.



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Occupational Therapy and Wrentham Industrial Workshop have seen greatly increased enrollment this year. Through referrals made by the Unit Director or through him trainees are evaluated and placed in the workshop or occupational therapy. Requests for additional trainees come from the occupational therapy or workshop areas to the Unit Director.

Goals for the Unit

More efficient procedure for refilling direct care vacancies

De-centralization of nursing service, putting direct care personnel under the Unit Director

Educational programs for direct care personnel

More direct care personnel

Utilization of funds available through grants, private organizations and friends of the institution to their fullest possible potential

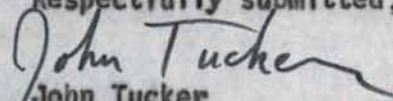
Establishment of pathways for advancement in direct care positions

Redistribution of the institution's population, enabling a semblance of homogeneity for the purpose of more efficiently applying an effective multi-discipline approach

Replacement of broken windows with unbreakable plexiglass

A long range plan for plumbing overhaul in the buildings

Respectfully submitted,

  
John Tucker  
Unit Director



## ANNUAL REPORT

July 1, 1970 - June 30, 1971

I hereby respectfully submit the Annual Report of the Unit Director for the Adult Unit for the fiscal year ending June 30, 1971.

The Adult Unit was established with unitization on January 11, 1971. This report covers all functions of the unit, both trainee and staff activities.

The Adult Unit consists of approximately 425 trainees from the following buildings: F, G, L, Heffron Hall, Boys' Preplacement and Girls' Preplacement. The trainees' ages vary from under 20 years to over 65 years. A unit team was formed to discuss and coordinate the functions of the unit under the guidance of the Unit Director. The unit team has representatives from the following disciplines: Psychology, Vocational Rehabilitation, Medical Services, Social Service, Nursing, Occupational Therapy, Recreation Therapy, and the various Heads of Departments as consultants.

The unit team meets weekly to carry out its role as described above. In the course of these meetings individual trainees are discussed in order to give them optimum programming all aspects of trainee life are covered at these meetings. The following paragraphs represent the decisions of the unit team since January 11, 1971.

1. The role of the various members of the unit team was discussed. The role decided upon and current activities are described below;

Unit Director - coordination of all activities of the unit team and its members. Conducts weekly unit team meetings and periodic meetings with individual members of the team and the direct care staff in each building. Represents the unit team at Transfer Committee meetings and CERC meetings. Responsible for discipline in the unit.

Physician - handles all medical problems in the unit and advises the Unit Director concerning discipline, transfers, and the possible affects of medical problems on programming for individual trainees.



Psychologist - works with individual trainees with obvious behavior problems, develops programs for dealing with the behaviors involved. Administers annual tests and supplies any measure needed before, during or after a program.

Social Workers - Two are currently assigned to the unit, one for the male buildings and one for the female buildings. Both are involved with socialization activities at Hefron Hall and the other buildings, devised by the social workers and carried out by the recreation therapists and social workers. Maintain correspondence with the parents and arrange and follow-up community placements. They are closely involved with the trainees at both Pre-placement areas, advising them about job placement and any social problems.

Vocational Rehabilitation Counselors - Mr. Marshall handles all the trainee stipend activities including change of jobs, pay increases, and maintenance of close contact with the work area supervisors. Miss Vea works closely with the Preplacement trainees, instructing them in vocational problems and counseling several trainees on a once a week basis.

Nursing Supervisors - the Supervisors are responsible for coordinating most direct care staff activities. They assure proper coverage on all shifts, check that the direct care staff is performing properly and are the first person the direct care staff approaches with problems. The Unit Director also makes himself available at all time to the direct care staff for handling any problems that arise.

Head Occupational Therapist; Recreation Supervisor - meet periodically with the Unit Director and unit team to assess and respond to the occupational and recreational needs of the unit. They assign occupational and recreational therapists to perform the developed programs. There are four recreational therapists assigned to the unit, and one occupational therapist aide. The services of other occupational therapists are available for evaluation for the



Wrentham Industrial Workshop.

2. The model for programming for each building in the unit was established. This was accomplished after a thorough study of all trainees in the unit carried out by the members of the unit team with the aid of the Progress Assessment Chart (PAC). Also included here is a brief summary of the criteria for admission and transfer for entry into each building:

F Building - The population of F Building consists of females ranging in age from 30-55. Two thirds of the population is involved in work on the grounds. Programming for these trainees stresses social activities with the male buildings. The girls are all capable of the three basic self-help skills - no training in these is provided in the building. Training is provided in the more advanced self-help skills such as grooming, cooking, housekeeping. The majority of programming takes place outside the building. For admission and transfer purposes the F Building candidate should 1) have all three self-help skills mastered, 2) be able to understand specific verbal communication, 3) be capable of participation in all activities on grounds, 4) exhibit no continual pattern of behavioral upset, and 5) be capable of working in the stipend program.

G Building - G Building can be considered the female geriatric building of the unit. The trainees range in age from 45-65. Many of the nursing home placements come out of this building. Programming stresses small group, table activities and much is carried on in the recreation room of the building. Some training in the three self-help skills is provided because with senility some trainees are losing these skills. Also included is training in the more complex self-help skills for those girls who are able. Approximately one third of the population is involved in the stipend program.

L Building - Although there are some young male trainees in L Building, most



are over 40 and need programming similar to that provided for G Building. There is also a concentration of effort at present towards increasing both the socialization with the female buildings and increasing the number of trainees involved in the stipend program. Several L Building trainees have been added to the staff of Wrentham Industrial Workshop and more are waiting for evaluation and are currently working on laundry tag making. Approximately one third of the L Building population is now working.

Heffron Hall - Heffron Hall trainees are all working, both on grounds and in the community. Programming for these trainees stresses socialization and community-based activities. Several trips have been made by the Heffron Hall trainees to ball games, movies, etc, with the trainees planning the event and purchasing the tickets there. The Heffron Hall trainees have mastered all self-help skills and little training in these is necessary. Vocational counseling is provided and each trainee is discussed periodically to assess his community potential and possibility for moving out to the community or to preplacement.

Boys' and Girls' Preplacement - The residents in these buildings are in the last step prior to placement. All are involved in work, off grounds if possible. Programming stresses community living. The trainees are allowed off grounds at their will and are encouraged to make use of community based recreational and social activities. Vocational counseling is provided individually and in a group and all trainees are watched closely for placement purposes. The trainees are also able to make use of facilities on grounds for recreation and socialization if they wish to.

3. On-going programs involving trainees from the Adult Unit:

Recreation: Swimming Pool - individual classes for F, G, and L Buildings weekly, open pool for all buildings on weekends; date nite and open swim



for Farm and Preplacements one evening each week.

Date Night - once a month for all buildings

Movies and Dances - once a week for all buildings during the school year

Small group activities - in F, G, and L Buildings several times per week  
stressing table games and arts and crafts.

#### Summer Programs

There are two phases to this program:

Phase I - involves education for the Heffron Hall trainees in four subject areas - education, vocation, socialization and recreational skills. The trainees are assigned to a teacher's aide and meet for two hours per week for each subject. Wednesday and Friday night bus trips to the community are provided weekly.

Phase II - includes F, G, and L Buildings in a general recreation program. Each teacher aide spends twenty hours each week in this program, which includes ball playing, arts and crafts, and one to one activities where needed. As a result of this summer program, I am pleased to report that every trainee in the unit is in some kind of program this summer.

4. The unit team feels that the areas of greatest need in the unit are:

Volunteer services - specifically for the disturbed trainees in the unit who can benefit from a one-to-one relationship, and to help improve the environment of the buildings in the unit.

Direct care staff - it would help if the Unit Directors could sit in on interviews for the direct care staff so that we may assess their suitability for the type of trainee in the unit.

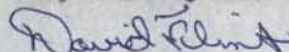
Building improvement - We already have a head start because of the fine job done by the maintenance department in renovations. We are looking for volunteers and donations basically to brighten the walls in the day rooms in the buildings.



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In summary, the unit team has accomplished the task of assessing and defining the type of trainees and their needs in the Adult Unit. After that was completed programming was developed to meet the needs of the trainees. Progress of trainees and programs is discussed at weekly unit team meetings and are adjusted as needed. Although problems do exist, the future looks good for the Adult Unit now that it has been established what the unit consists of and the goals have been established by the unit team.

Respectfully submitted,



David Flint  
Unit Director



## ANNUAL REPORT

July 1, 1970 - June 30, 1971

I hereby respectfully submit the Annual Report of the Unit Director of the Behavior Unit for the fiscal year ending June 30, 1971.

The Behavior Unit consists of Buildings A, K, E, EH-2. The report will cover only the period from January through June, 1971 because this writer has been involved only for that period of time.

The Behavior Unit is made up of 230 profoundly retarded males and females. The very make-up and nature of the unit demands that all program activity be directed towards the most essential developmental skills (ie) bathing, eating, toilet training and other self-help skills.

In A, E and K Buildings programs have been developed to meet the needs of the individual trainee. Each program pattern differs depending upon the growth, advancement, and/or regression of the individual child. Since it is impossible to establish a more workable attendant-trainee ratio, small groups are arranged in place of the ideal one to one relationship. Progress Assessment Charts (PAC'S) give the direct care staff a clear, visual picture of the skills, and lack thereof, of each trainee. All programs are handled in the ward by direct care staff.

Each building is sub-divided into units in order to give a group more meaningful training. The trainees in each training group possess somewhat the same developmental level. Thus, as a child either progresses or regresses, he or she can be moved forward or back. The homogeneity of these groups help provide regular, consistent training.

In an effort to define and clarify the unit team concept, regular unit team meetings have been held throughout; the unit team members having had the opportunity to set forth their ideas, plans, complaints and criticisms. Some of the accomplishments over the past six months that have been finalized are as follows:



- 1)Development of admission criteria for the unit
- 2)Designation of roles and membership of the unit
- 3)Clarification of roles of all direct-care personnel
- 4)Establishment of clear, yet simple lines of communication
- 5)Elimination of inappropriate and unspecified personnel utilization

After much discussion, it has been agreed upon by the unit team that the following disciplines and departments should make up the unit team: Education and Training, Occupational Therapy, Medical, Nursing, Maintenance (when necessary) Psychology and Social Service. Every effort has been made to keep the number of meetings to a minimum, and also have present only those members who are essential to the conducting of business. It is the belief of the unit that too many meetings result in repetitious, administrative red tape.

The professional job responsibility of the Unit Director can be stated generally as the coordination, direction and supervision of all unit team functions and activities. Medical responsibility naturally deals with all medical services offered. Nursing services are aimed at such areas as medication coverage, cardex files, attendant schedules, direct care personnel assignments, etc. Social Service and Psychology departments are provided in terms of counseling, work ups, community placements, day work, and other related socialization programs, Occupational Therapy services are self explanatory, as well as maintenance.

Respectfully submitted,

William Madden, Unit Director

*William Madden*



ANNUAL REPORT

July 1, 1970 - June 30, 1971

I hereby submit the Annual Report of the Functional Unit Director for the Children's Unit for the fiscal year ending June 30, 1971.

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The first Functional Unit on campus was designated Unit I and comprised the two buildings known as Nursery I and Nursery II. In accordance with current philosophical approaches to the care, education, and training, and in order to provide for a more normal living experience for the population of retarded individuals served by a large State School, a multi-discipline team was formed under the direction of Mrs. Joan Gunn, R. N. Within the two nurseries the residents were grouped according to specific criteria, on the basis of formal evaluation and observation. Within the structural limits of each building the most feasible regrouping was accomplished by dividing the dormitory accommodations and assigning half of the beds in each dormitory to the areas formerly designated as Day Rooms. Thus in each building four groups were formed of relative homogeneity, based on specific needs of the residents. The professional team, under Mrs. Gunn, worked very closely with the direct care staff. Intensive In-Service training programs designed specifically to provide the personnel with information and skills for working with the children were begun. An operant conditioning approach to behavior modification, especially in basic self-help skills, supplemented education and training programs already offered by the School, Occupational and Recreational Therapy.

In January of 1971, Mr. David Flint was appointed Functional Unit Director of the Children's Unit, which included the original Unit I and Ewalt Nursery. The Unit Team included two physicians, a nursing supervisor,



a social worker, a psychologist, an occupational therapist, an occupational therapy aide, a Jr. vocational instructor (part-time), a recreational therapy aide (also part-time), three matrons, and the consultation of all Department heads. A review of the education and training needs for all residents was begun and is still in progress.

A further change occurred in March, 1971, (the 29th), when the present Functional Unit Director was appointed, and at approximately the same time, two new physicians replaced original team members. In all, during the course of the year, almost 100% turn-over in professional team staff has occurred.

#### POPULATION OF THE CHILDREN'S UNIT

Currently residing in the Children's Unit are one hundred eighty-seven youngsters. The chronological age range is from six to twenty-one years old, with a range in intellectual function from profound to moderately retarded, with most of the children functioning in the profound and severe range. A variety of concomitant disorders make it accurate to describe most of the children as multipli-handicapped. At Ewalt Nursery, for example:

- 31 children are seizure patients
- 18 children are spastic quadriplegics
- 6 children have serious heart conditions
- 2 children are known to be deaf
- 4 children are legally blind
- 2 children have serious asthmatic conditions

In addition, although 20 of the Ewalt Residents have some speech, it is either limited to single words or it is best described as severely defective.

An analysis of the residents of Nurseries I and II reveals a similar situation, except for lower incidence and severity of motor disorders.



PROGRAMS

During the past year a number of programs of training have been operating within the Unit:

Summer (1970 and 1971) programs funded by the United States Department of Health, Education and Welfare, through the provisions of P.L. 89-313 have provided services to the children at Wrentham through the following direct approaches:

Summer 1970 Day Camp, on the grounds, provided most of the ambulatory children in the Unit with an opportunity to spend part of each day away from the building engaged in a variety of activities such as arts and crafts, nature walks, bus trips, and outings for educational purposes and a great deal of pleasure. Staff and materials were largely supplied through the Grant, and supplemented by regular staff.

Approximately 40 children from Ewalt Nursery and 80 from the Nurseries participated. The summer 1971 Day Camp had been open for two weeks at the end of the fiscal year, and 24 Ewalt residents had been served to June 30th.

Speech Therapy programs operated both summers. 44 children were provided with speech therapy and speech and language development programs in addition to those regularly in therapy during the school year.

Recreation programs operated during the summer allowed time to be spent for children just beginning to learn to swim, and 92 were provided for at the pool weekly. In addition, several children were given an opportunity to learn to ride bicycles.

In June 1971 a program designed to develop and enhance the self-concept of children living in Nurseries I and II was undertaken and plans were made



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to provide service to most of the children in those areas.

The regular services to the children provided by Wrentham State School have included the following:

Occupational Therapy Programs, including readiness for school, activities of daily living, and specific treatment for individuals have been provided by Mrs. Loreda Dybes, O.T., Nursery I and Miss Judith Massart, O.T.A., who spends half-time in Nursery II and half in Ewalt Nursery. Both have worked in a variety of situations with the children in those buildings, and have been involved in In-Service training of personnel and with volunteers. In June 1971, Mrs. Dybes spent one full week in helping to organize the Day Camp.

Miss Massart, O.T.A., spent one hour per day from January to June working with a small group of children to teach them to properly use the drawers in the new youth beds at Ewalt Nursery as one of her many responsibilities.

Recreation Therapy has been somewhat sporadic, with the most consistency maintained in Nursery I. All of the children who are able to go to the pool weekly do so. Other services provided by Recreation have varied in time and number served. Children from all three buildings have been provided a variety of bus rides, cookouts and other experiences under the auspices of the Recreation Department.

Physical Therapy services are presently available to 28 residents of the Ewalt Nursery, and two boys from Nursery I. Ewalt children are being taught to stand, walk, and use appliances. The two boys from the Nursery are being seen for post-traumatic and post-surgical therapy.



The Karl V. Quinn School has served sixty-six children for some period daily in several different classrooms, and the music teacher has provided regularly for the children at Ewalt Nursery.

Self-help Skills and Social Development programs, under the direct supervision of Nursing Service personnel, based on a child development model, are carried on in the areas of feeding, toilet training and dressing at Ewalt Nursery. Similar programs, using an operant approach to behavior modification, were carried on by ward personnel at Nurseries I and II under the direction of John Benjamins, Psychologist. Insufficient data exists to evaluate the program at the Nurseries, but problems of staffing, due to employee turnover, absenteeism, vacations and the like, made it extremely difficult to maintain with the required consistency. Also at the Nurseries, directed by Miss Sandra Grant, Social Worker, was a token economy program, attempting to provide for the improvement of self-help and socialization skills for the higher functioning but poorly motivated children.

The Teacher's Aide Program, through P.L. 89-313, began in May at Nurseries I and II, and at Ewalt, June 4th. The employees, one man and two women, who worked directly under the supervision of the Unit Director, were assigned to specific individual children for one-to-one and small group training in specific areas. Children chosen were those who were not being served in other programs to any significant degree.

During the year an attempt was made, through the cooperation of Nursing Service to define as a specific work assignment, the position of program supervisor. Mrs. Gladys Desrosiers, L. P. N., functioned for some time in this role, responsible to the Unit Director, Unit Team and to the Nursing Supervisor, for program development and some staff training at Nurseries I



and II. For a variety of reasons, this situation did not fulfill the needs of either the employee, the resident, or the expectations of the team. Future program supervision probably will be more appropriately part of the overall responsibility of the building matrons, as it already exists at Ewalt.

Medical, Dental, and Nursing services are available to all of the residents of the Unit, and are supplemented by a variety of special and consultative services on a need basis.

An experimental program involving the South Shore Mental Health Center and three of our children most recently admitted, has provided those youngsters with an opportunity to be with their families part of each week, participate in training in a Community Day Care Center and return here for care and training for the remainder of the week. On the whole, it has been adjudged to be a successful situation by the members of the two professional staffs, involved, and it is anticipated that the arrangement will be continued for the next year.

#### AUXILLIARY SERVICES

Maintenance, especially in Nurseries I and II, presents constant problems. Those buildings, somewhat older, and designed to serve a population of residents somewhat different from the children presently living in them present recurring problems, especially with the plumbing. Toilet facilities are not adequate for training needs of current residents, even when all units are operating. There are frequent problems in terms of the drains. Some recent improvement in shower facilities is acknowledged in



provision for privacy and water control, but still present problems in terms of hygienic needs and training.

Windows and window screens in all three of the buildings present chronic repair problems. Flies during the summer are a major problem and health hazard. Protective screening is a necessity in Nurseries I and II, and while it is acknowledged that much damage could be prevented with adequate staff for supervision and training, it is assumed that it is more possible to buy materials than to provide "people".

It is hoped that the new playground equipment which has been in storage at Ewalt Nursery for sometime can be installed during the summer, and that the playground be reconstructed in accordance with plans previously made.

It is further hoped that consideration can be given in the near future to the assignment of a handyman to the Unit so that small repairs can be made before big ones are needed, as is so often the case.

Throughout the unit additional personnel are needed for the following services:

1. Clothing caretakers and Dining Room attendants are critically important to the overall well-being and care of the children. Both would perform necessary and time consuming tasks now essentially carried out by direct care staff and generally detract from the care, supervision, and training of the children.
2. Additional personnel for cleaning. This time spent on cleaning, also critically important for the health and welfare of the children is also time lost for more personal care, training, and supervision.
3. There is also need for more direct care and training personnel.

The above recommendations were also incorporated in the proposed budget for the next fiscal year.



Laundry and clothing needs also present persistent, recurring problems. The handling of soiled diapers at Ewalt Nursery continues to present certain difficulties, although the new diaper sink was installed. Modifications are needed to provide for at least somewhat more sanitary handling of soiled laundry, and "return soil"; i.e., diapers adjudged by laundry personnel to be insufficiently rinsed at the building, requires additional handling by a Registered Nurse and two or three other employees, both nursing service and laundry - a real and irritating problem to all concerned.

Body clothes - washing and maintenance - consumes a great deal of time of the personnel in all three buildings, to say nothing of laundry and mending room people. Clothing the children on a daily basis is made possible largely through donations, and the parents who do supply clothing for their children have many legitimate complaints about the clothes situation - lost shoes and the like. Modifications in the present system must be made to provide better services.




GOALS FOR 1971 - 1972

It is proposed that during the next fiscal year the following will represent priorities for the Children's Unit:

1. Complete review of medical, psychological, social, educational, and religious needs of all residents, and the development of specific programs based on identified needs.
2. Continuation and upgrading of current programs in all areas.
3. Provision for expanded services through orientation and In-Service education of direct care staff.
4. Continuation and expansion of volunteer services to children.
5. Improvement of environment in living areas in terms of condition, cleanliness, furnishings, and materials.
6. Development of adequate and appropriate record keeping system within the Unit.
7. Development of the "Unit" and "Team" concepts and models to provide for consistency, understanding, and involvement of all personnel, all shifts.
8. Involvement with the community by responding to needs for Day Care or other services for children on our waiting list, and effort to place our present residents in the community to whatever degree possible.
9. Development of programs for children placed on temporary admission which will aid the family in coping with their children and encouraging them to participate in their training.
10. Complete cooperation with the various disciplines and services within the Institution directed toward the solution of the problems vexing to all which interfere with care and training - especially staffing problems causing high absentee rates, clothing, cleaning, and feeding problems.
11. Participation and cooperation with other services within the Region V area which also provide for the mentally retarded child and his family, to whatever degree possible directed toward the development of the Wrentham State School as the Regional Center.

Respectfully submitted,

  
Carolyn A. Clark, A.B., M.Ed.  
Functional Unit Director



## ANNUAL REPORT

I hereby respectfully submit the Annual Report of the Head Occupational Therapist for fiscal year ending June 30, 1971.

During the past year we have been most fortunate in securing two registered Occupational Therapists for our staff. One of the therapists has been assigned to the Boys' Infirmary to establish a program of self-help skills (dressing and feeding primarily) and pre-vocational skills using arts and crafts and games of skill as primary tools of treatment. The therapist is presently working 3/5th time and is assigned to the Boys' Infirmary for all of her time. The nursing supervisor, recognizing the value of the program, has graciously arranged for the re-assignment of a sun-room for use by the Occupational Therapist. This has made it possible for an area to be clearly defined as a therapy room and is presently being furnished and equipped through our regular sources of supply and some Federal Grant (89-313) funds. Sixteen male trainees comprise the case-load at this time and they are divided into morning and afternoon sessions.

The second registered Occupational Therapist has been assigned to the Adolescent Unit. She is a member of the Unit Team, and will represent our department at all unit meetings. She has been assigned the responsibility of program planning and treatment planning based on the assessment of each trainee referred to the Occupational Therapy Department by the Unit Director. The Denver Developmental Screening Test will be administered to each trainee and the results obtained will be the basis for determining treatment and training. In addition, one Certified Occupational Therapist Assistant is assigned to the adolescent unit on a part-time basis and will work with the Registered Occupational Therapist on carrying out the treatment plans for trainees from the unit (Nursery 3, Nursery 4, O Building and C Building).

One vocational instructor is also assigned to the adolescent unit, Nursery 3,



on a part-time basis. Her prime concern is pre-vocational training and leisure time activities involving gross motor skills. Approximately twenty-two boys (or one half the Nursery 3 population) are involved in the programs during a month. This vocational instructor was recently given an additional assignment of participating in a program of training for the deaf population at Wrentham State School. Specifics of this program will be available to the Superintendent during the coming months and will be included in the next annual report, since the program was started at the very end of the fiscal year.

Evaluations for the Wrentham Industrial Workshop are currently being done by a Certified Occupational Therapist Assistant. The procedure remains the same as previously described in other reports. This year, however, a simple, concise referral form has been made available and is being used by those staff members who wish to include a trainee in the program. Thirty-two trainees have been evaluated during the past year.

The program in Girls' Infirmary continues to be a significant and successful addition to the total push effort in the building. The Occupational Therapist Assistant reports a case-load of twenty-six trainees who spend an average of two hours per day in the clinic. A variety of creative work involving gross motor skills and eye hand coordination is part of the treatment plan. The stress on increasing joint range of motion in upper extremities through weaving on floor rug frames has produced physical improvement and pride of accomplishment for many trainees.

Our geriatric program came to a halt at the close of this fiscal year due to the resignation of the Certified Occupational Therapist Assistant who had been the therapist for this group of several years. We hope that the women in the group will be absorbed into the on-going recreation programs available to the building with the additional recreation therapists on the staff. During the year the women in the group were involved in a program of skill maintenance based on activities



learned in their earlier years. Simple sewing, knitting and weaving were the major projects for the group. An average daily caseload of ten trainees participated in the program.

The Children's Unit has been serviced by an Occupational Therapist, an O.T. Assistant and a Vocational Instructor. The Occupational Therapist has been assigned to Nursery 1 on a full time basis and the other two staff members divide their time between Nursery 2, Nursery 3 and Ewalt Nursery. Programs and treatment planning during the past year was based on several criteria, namely, the needs of the trainee determined by the psychologist assigned to the unit, the deficits in skills as determined by the Gunzberg Progress Assessment Chart and the Unit Director's priorities of social development. Due to changes in administrative staffing in the Children's Unit there were brief interruptions in programming and re-assignment of trainee groups. At the conclusion of the fiscal year the situation had stabilized somewhat and the therapists were more comfortable in their role of team member and therapist.

In the fall of 1971 a registered Occupational Therapist will be added to the staff and her assignment will be in the Children's Unit.

This year the Occupational Therapy Department has been participating in the new system of accounting for therapy time which is reported to the Jordan and Jordan accounting firm.

There are seven therapists in the Occupational Therapy cost center and the following report of daily hours of therapy given by therapists have been sent to the Business Manager's Office:

January, 1971	388 1/4 Hours
February, 1971	515 Hours
March, 1971	700 1/2 Hours
April, 1971	581 1/4 Hours
May, 1971	539 3/4 Hours
June, 1971	716 1/4 Hours

(Figures for October, November and December were reported too but a different



method was used and represent number of hours trainees were in therapy sessions).

The form for reporting is simple and the therapists have been most cooperative in keeping the records.

Members of the department have held weekly meetings to discuss a variety of topics pertaining to their work. Each one has had an opportunity to choose a subject for discussion, present a problem, or demonstrate a craft skill for use in training sessions. In addition, the department attended each weekly seminar and, when requested to do so, presented reports. The staff attended case conferences on new admissions as it related to their assignment to a unit. The therapists visited other Department of Mental Health facilities with the Head Occupational Therapist and this year it was possible for each member of the department to do this.

The Head Occupational Therapist attended weekly seminars and monthly meetings for Head Occupational Therapists held by the Supervisor of O.T., Department of Mental Health.



The following is the report of the departments involved in production and repair in the Vocational Buildings:

Sewing Department:

1 Head Seamstress  
1 Seamstress  
2 Trainees (part-time)

<u>New Items</u>		<u>Alterations</u>	
Diapers	7,515	Pants	775
Huck towels	174	Jackets	11
Dish towels	469	Dresses	31
Extractor covers	18	Blouses	2
Bibs, terry	1,820	Suits	5
Bags, ticking	144	Nightshirts	92
Sheets, ticking	345	Coats	46
Protective jacket straps	923	Swim suits	74
Bed pads	1,336	Shirts	6
Aprons, ticking	60		
Nightshirts	125		
Capes - beauty shop	12		
Mattress covers	11		
Window shades	182		
Triangle bandages	181		
Jump suits			

Mending Department:

2 Seamstresses  
3 trainees (2 full-time, 1 part-time)

Average weekly figure for items mended is 295 pieces. This represents only three working days. The remaining two days are spent sorting an average of 384 items, to determine the need for mending or discarding. The total yearly average figure for mending is 15,340 items of clothing, bedspreads, sheets, blankets, towels, night gowns, bathrobes etc.

Some time is spent each day in writing daily work reports of each staff person, plus reports on items for discard and replacement which are on building inventories (e.i. sheets, blankets). This is done by one of the seamstresses and made available to the Head O. T. and Asst. Business Manager.



Shoe Repair Department:

1 Vocational Instructor  
1 Trainee (full-time)

Shoes repaired: 2,370

Miscellaneous items repaired:

Mattresses:	25	
Grommett Work:	Laundry bags	85
	Draperies	9
	Jackets	49
Protective belts:	41	
Cushion:	1	
Canvas:	1	
Seat straps:	3	
Window shades:	18	

Furniture Repair:

1 Vocational Instructor  
1 Trainee (part-time)  
1 Day Trainee (part-time)

The department was without a regular staff member for some time and then in October a most satisfactory worker joined the department. His reports show the following figures:

Benches, repaired and refinished -	103
Rocking chairs, repaired and refinished -	37
Window shades - repaired -	141
Window shades - new -	177
Toothbrush racks, new	11
Tables, repaired and refinished	79
Wheelchairs, repaired	112
Beds, repaired and refinished	17
Chairs, repaired and refinished	221
Miscellaneous items	30
(tricycles, wagons, foot lockers, tool boxes, desks etc.)	
Total	928

Respectfully submitted,  
*Esther L. Taube*  
(Mrs. Esther L. Taube, O.T.R.)  
Head Occupational Therapist



## ANNUAL REPORT

July 1, 1970 - June 30, 1971

I hereby respectfully submit the Annual Report of the Supervisor of Recreation for the fiscal year ending June 30, 1971.

During the fiscal year the Recreation Department has grown from a staff of eight to eleven Recreation Therapists.

The extra staffing has allowed us to provide more service to many of the residential buildings and also to increase the number of evening and weekend programs available to our trainees.

### Summer 1970

During the summer of 1970 we hired twenty-one college students as recreation aides and two post graduate students as their supervisors. The summer program was funded by Federal Grant 89-313. The students were divided into three areas; the swimming pool, day camp and Rehab. Cottage.

### Swimming Pool

The additional staffing in the pool enabled us to increase the number of pool sessions for many of the buildings and also to increase the number of trainees in each swimming group. Evening and weekend swimming sessions were also expanded.

Attendance in the pool averaged 600 trainees per week.

Due to the increased amount of time in the water, many trainees gained sufficient skills to be included in the National Red Cross Beginners Course which we began in the fall.

### Day Camp

The day camp held at the Wrentham State School picnic area included trainees from Ewalt Nursery and Nurseries 1 and 2.

The trainees participating in this program engaged in arts and crafts activities, low organizational games, playground and water play, and in addition the trainees took many trips to the community. These trips included visits to fire



24

stations, Jolly Cholly's, Capron Park, Purgatory Chasm, fish hatcheries, Norwood Airport, and many summer aides hosted parties at their homes.

#### Rehab Cottage Program

The Rehab Cottage program was a varied one. Every building on the grounds was scheduled for an activity session on various afternoons. The summer staff concentrated on working with the lower functioning trainees from each building. The purpose of this was to motivate inactive trainees and to expose them to various recreational activities. Although very demanding, this phase of the program did prove somewhat successful in familiarizing these trainees with basic recreational pursuits.

Cookouts were scheduled twice a week for different buildings during the summer. The "Boys' Infirmary Kazoo Band" provided entertainment after each cookout in the form of a sing-along. The "Kazoo Band" was rewarded for its entertainment by a trip and picnic to Capron Park.

The Rehab Cottage program also sponsored many bus trips utilizing our regular school bus, and our Ford Club Wagon. One of our largest excursions was a trip to the U.S.S. Massachusetts in Fall River.

The Rehab Cottage was open every afternoon and evening for music listening, television, dancing and many other games.

During the summer the full time Recreational Therapists carried out their own programs which consisted of working with groups from each building, fishing trips, bicycle hikes, 4-H gardening, softball games, bingo, and date night, to name only a few.

The Summer program ended with a bang - a rock and roll group from Walpole provided entertainment at our "End of Summer" rock concert and dance.

At the end of the summer program we returned to our varied yet limited schedule, in comparison to the summer scheduling.

Basically, the fall program is set up so that small groups of lower



4

functioning trainees are worked with in the morning and afternoon. Higher functioning trainees attend activities in the evenings and on weekends.

Some of the activities available during the school year are as follows:

Bus trips: The recreation staff utilizes all three buses for a variety of trips to points of interest in the community throughout the entire year.

Dances: Every Monday evening the recreation department sponsors a Record Hop in our auditorium. Quite often live music is provided by Lou Bedard and his Orchestra.

Swimming: Three nights a week and on most weekends the pool is open for recreational swimming. During the week every building is scheduled for swimming sessions in the pool. In addition to the formal swimming instruction given by the Physical Education Department the recreation staff conducted several beginner swim classes. As of July 1, 1971 one hundred and five trainees had gained sufficient skills to enable them to swim safely in water over their heads. Twenty-six trainees had mastered the diving board. Other trainees are picking up many skills during the recreational swims.

Movies: Every Friday night the Recreation Department shows a different 16mm film in our auditorium. This film is also shown Saturday afternoon to those trainees who could not attend in the evening. A film is also shown on Wednesday and Thursday afternoons to our three infirmed buildings. A special note of "thanks" is at this time in order for the generosity of the Wrentham Association for Retarded Children for providing this film throughout the year and for supporting the previously mentioned summer program.

4-H Clubs: The 4-H Garden Club had an excellent year in terms of the number of trainees in the program and in the number of flowers sold. This year the trainees decided to cancel their annual dinner, which is normally held at a local restaurant, in order to purchase a Roto-tiller. The location of the flower garden was changed from behind Nursery 3 to behind Boys' Infirmary.



4

The present location has many advantages over the old.

The Boys' Infirmary Aquarium Club is doing well. Thanks go out to the Norfolk Prison Program for their interest in the club.

Building Recreation: As was stated before, each recreational therapist is assigned to specific buildings for recreation sessions. The purpose of these sessions is to work with smaller groups of profoundly retarded trainees in order to develop various physical and social skills.

In October a survey was taken to determine the feasibility of conducting recreational programs in the buildings and of establishing recreation rooms in each residential building. It was found that during the cold winter months it is advisable to conduct programs directly in the buildings, but during warmer weather it is best to hold these sessions in other areas. As of July 1, 1971 recreation rooms had been established in five residential buildings.

During the school year every building was scheduled for recreation sessions. The number of sessions for each particular building varied from one to five. Each session averaged three hours. If possible the therapist works with two groups during each session. Future plans will emphasize working with smaller groups for a shorter period of time each day. This will allow us to include more trainees in a structured program that emphasizes basic skills and progressive development—building one skill upon another. Hopefully, with additional staffing the number of recreation sessions for each building will be increased to a point where repetition of activities during each week will be possible.

Special Activities: During the Christmas season and various other holidays we hold many special parties and events. The auditorium is decorated in conjunction with the theme of each particular holiday and a dance is held. Usually a live orchestra provides music for these affairs and refreshments are served. We also decorate several areas on the grounds during special holidays.



~~44~~

Taking all programs into consideration, the Recreation Department services approximately 850 different trainees during the average work week. Unfortunately many trainees enjoy only one recreation session each week.

#### Changes

The Recreation Department underwent several changes during the past year.

During the month of January a full-time Recreation Supervisor was hired to direct and guide the various programs. Three additional recreation therapists were hired in March. The additional staffing allowed us to increase recreational programming in Nursery 1, D Building, Boys' and Girls' Infirmary and A Building. Also, evening and weekend programs have been increased due to the extra staffing.

During the winter months the Recreation Department was considering the feasibility of moving into M Building. It was decided that with some renovations and painting M Building would be a tremendous improvement over Rehab Cottage. The recreation supervisor and the staff spent many hours in planning for the new building. It was decided that each of the six large rooms should be designed for specific activities with appropriate supplies stored in each room. Thanks to the help of the painters and carpenters we designed a small gymnasium, an arts and crafts room, a game room, a T.V. and music listening room, a small lounge, and a storage room for our bicycle program. The beauty of this building lies in the fact that the staff can provide a wide variety of activities for each of their groups by simply moving from one room to the other.

#### Pre-Socialization Program for Adolescents:

Many of the trainees from the nurseries participated in our evening programs during the winter. It was noted that many of these trainees did not possess sufficient social skills to act appropriately in activities with a high trainee-to-staff ratio. We decided that a separate program should be started to teach those skills under a more structured and supervised setting. Twenty trainees from Nursery 3 and 4 were included in an evening program which was held once a week.



4

Improvement was slow but noticeable. This program was expanded during the month of June to include forty trainees with each receiving fifteen hours of programming each week. This expansion was made possible by Federal Grant 89-313.

### Swimming Program

During the spring five recreation therapists received their Red Cross Senior Life Saving certificates. In June three of these people attended the National Aquatic School at Hanson, Mass. All three received certification in Water Safety Instruction and Handicapped Swimming. Six of the staff members now hold certificates in Water Safety and Handicapped Swimming and three others hold a senior life saving certificate.

We will be making some changes in our swimming program - we are planning on setting up criteria for specific categories of swimming abilities, evaluating and assigning trainees to various categories and hopefully conducting our swimming program by homogenous groups rather than by buildings.

Recreation on the grounds has increased substantially in the last year. The present population dictates a smaller trainee to staff ratio however, because of this, additional staffing is needed to increase programming to a point where trainees benefit from repetition of activities each week.

Our plans for the future include structuring and organizing programs for more profoundly retarded trainees. Hopefully, we would like to see groups of trainees functioning on the same level in recreation programs designed for their particular skill achievement. We are now in the process of investigating the amount of programming for various trainees in each building.

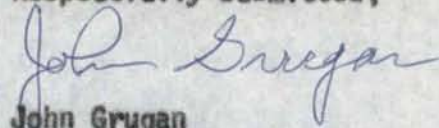
Increasing the programming for more profoundly retarded trainees will necessitate decreasing some of our programs for trainable and more independent trainees.

Some physical changes and additions that would benefit our recreation programs are: the addition of a ramp to allow wheelchair patients entrance into the Recreation Center, fixing the bathrooms at the center, establishing a recreation room in Boys'



and Girls' Infirmary and fixing the ice rink for winter skating.

Respectfully submitted,

A handwritten signature in cursive script, appearing to read "John Grugan".

John Grugan  
Supervisor of Recreation



## ANNUAL REPORT

July 1, 1970 - June 30, 1971

I hereby respectfully submit the Annual Report of the Rehabilitation Counselor for the fiscal year ending June 30, 1971.

My duties and responsibilities as a Rehabilitation Counselor at the Wrentham State School include the supervision of, or involvement in, several on-going or new major and minor programs. The following is a listing of the programs in which I take part, in the order of their importance so far as the time I must allot to each on a day by day basis.

The Trainee Incentive Stipend Program is my responsibility. This means I must make the final decision on all trainee work placement changes whether a work area supervisor, a professional staff member, the Rehabilitation Counselor or the trainee himself initiates the action.

Because there is an average of five hundred and ninety trainees working a minimum of five days per week in forty-one specific work areas, the counselor must leave intradepartment job changes to the department head and his staff. Two good examples of this would be our Farm where trainees are trained and work in as many as ten different skill areas, and our Laundry where female trainees work in five skill areas and males work in four. To carry the Laundry-Farm example one step further, the Rehabilitation Counselor's function would be to work with the Head Laundress, the Head Farmer, and the trainee, should a trainee be recommended or desire a major job change such as from the Farm to the Laundry.

It is my understanding that trainee payment or stipend programs at certain Department of Mental Health institutions for the mentally retarded are being questioned at certain levels in the Department of Mental Health. Consequently, I feel the following statement is necessary. Our Incentive Stipend program started several months late, the week of January 26, 1964. This was because our entire staff, then as currently, believe that every productive trainee, regardless of his physical or mental status should be rewarded directly for his labors. We therefore



24

wished to pay each trainee in cash. Because the law states one dollar per day per trainee, paid or credited, we asked and received a variance from the Department of Mental Health and the Attorney General's office. Therefore, with the outstanding help of our Treasurer's office and the conscientious, honest effort put forth by all our employees, we have been able to accomplish the following: Pay day is every Thursday, the same as the employees. The rate of pay varies from ten cents to forty cents per day per trainee with the weekly totals ranging from twenty-five cents to two dollars and eighty cents per trainee. It is the Rehabilitation Counselors responsibility to approve each trainee raise. The cost to the Commonwealth is a bit more than six hundred and seventy-five dollars per week; the total monies paid to trainees for fiscal 1970-1971 being thirty-five thousand, eight hundred and nineteen dollars and five cents (\$35,819.05). Outside of board and room and medical care the Incentive Stipend program is the most comprehensive therapy-training modality at this institution. There is no segment or group in our residential population which is excluded. A pitiful comparison is that the inmates of Massachusetts Correctional Institution, Norfolk were paid only thirty-five cents per day up to three years ago; they now get fifty.

The second most important program assigned to me is the administration of Wrentham State School Regulation #3. This local regulation provides an opportunity for our trainees to be taken off the school grounds up to two days per week for either "social" or "work" activities. When I receive a properly completed application I must check the applicant to determine whether he is a responsible person and if so, I must check the trainee's schedule to make sure there are no conflicts. If the trainee is scheduled for institution work, classes or other activities, I must see that he is properly excused for that day.

Our young, below sixteen years of age, and our older infirmed trainees are taken for social outings which include shopping trips, a ride in an automobile



with refreshments, a meal at the sponsor's home and various types of recreational activities such as fishing, baseball, football, swimming and camping trips.

Our young adults and adults with work skills are often taken to the sponsor's home where a male often cleans the yard and a female will help with the housework. Each sponsor is required to have the proper (guest-medical payments) insurance on his automobile and to provide meals and pay the trainee fifty cents per hour if he works. The usual procedure is to take a "working" trainee out for both recreation and work.

This program has been very successful. As I must keep accurate records, I can state that just over two hundred different trainees have participated this past year, with sixty to sixty-five of these going at least once a month with the same or different sponsors. It must be noted that every one of our twenty-two living areas has had a minimum of five different trainees take part; the smaller number coming from the more regressed and infirmed buildings. Also there are more males than females selected by our sponsors.

This leads me to a final note on the Permission to Sponsor a Trainee program. Over ninety percent of our sponsors are our own employees. Because our Superintendent had the foresight to institute such a program over six years ago, literally hundreds of our residents have left the institution, if just for a day, with the people who know them best and care for them most.

In the remainder of this report I will speak of several programs, concepts and thoughts which are "signs of the times" at Wrentham State School.

There are three programs in my jurisdiction that have been established to deal with the moderately and severely retarded trainee. Although they differ in size, orientation and scope, they have much in common. All three have been in operation for more than two years and are geared to teach the above mentioned type of retardate work habits and skills. They all have had to "borrow" employees



A4

from established departments in order to function. This "borrowing", which at best is very painful, would have not been necessary if our institution had been granted some of the vocational instructor positions requested for the past seven or eight years in our budgets. However, we have accomplished the following:

The Trainee Aid Program, better known as T.A.P. This program was conceived of and is staffed by our Nursing Service. Its orientation is dormitory maintenance and its scope is training work crews in both of our infirmaries, our largest nursery and in two of our most regressed male dormitories. As of this writing there are forty-four female and twenty-one male trainees involved seven days per week - total of sixty-five. There are seven male and female attendant nurses, two charge attendant nurses and an L.P.N. Supervisor - total of ten employees needed to operate the program. After a period of training, each trainee is placed on stipend at the rate of ten cents per day. About one third of the T.A.P. trainees have progressed to the point where they are receiving twenty cents per day. Because all these trainees are very limited intellectually, the program instructors supervise their use of money very closely. This program is a success for two reasons. First, it has taught and is teaching former "bench sitters" type of trainees to live a more meaningful, productive life and secondly, work is being done which must be done to keep the aforementioned dormitories and infirmaries habitable.

The second program of note is operated by our Farm Department. For the past several years, depending on the season, our Head Farmer has shifted three or four of his employees to work details which can accommodate a total of thirty to forty "low trainable" male residents who range in age from fifteen to seventy years. This, of course, is over and above his regular trainee crews which he must maintain at about fifty total. These trainees are placed in gangs of seven to fifteen to rake leaves, shovel snow, sand the walks and streets and work in the gardens. They are placed on stipend but more importantly several learn enough each season



44

to be motivated to continue working. Those who demonstrate an ability to continue are placed on established farm crews or are referred to the Rehabilitation Counselor for work placement in another area.

The third program which has been successful is the C. S. C. or the Consolidated Service Corporation program. Mr. Ricklitis, the owner of the Consolidated Service Corporation of Boston, an industrial building maintenance service, has given Wrentham State School the services of one of his instructor-supervisors Monday through Friday afternoons for the past two years. Although there have been several C.S.C. instructors, each uses the same company training procedure which is adaptable to the learning level of our trainees. The trainee crew has been kept small for several reasons, the primary reason being the fact that the trainees must learn to work as a closely knit team with quite sophisticated cleaning agents and machinery. The program started in our school and was moved to our hospital in June where one of our porters was assigned to help the C.S.C. instructor. At this time three of the C.S.C. trainees remained at our school building having graduated from the program, to assist the school custodian.

I was originally assigned to the program to select the needed trainees and have remained as a resource person to the instructors. Of the twelve trainees assigned to this program thus far, eight have been classified as trainable, two as behavior problem educable and two as emotionally disturbed educable. There has been noticeable positive results in all twelve cases.

Up to this point in this report I have tried to illustrate my intimate involvement in therapy-work training programs.

The following is a list of my other assigned, but less time consuming duties:

1. Meetings: Upon request, I must attend unit meetings. There are now four Units at the Wrentham State School. I also am required to present a report on occasion at the Tuesday Case Seminars which are held by the Superintendent. Thirdly, I attend both Preplacement Unit meetings and Dormitory Transfer Committee meetings



which are chaired by the Medical Director. At all the above meetings I see my role as a resource-implementor, depending on the need.

2. As the need arises, about every four months, I take part in the orientation of inmates of the Massachusetts Correctional Institution at Norfolk. This involves a discussion group at Norfolk for one half day the first week and a full day tour and meetings at Wrentham the second week. I have never been involved in a more worthwhile rehabilitation-recruitment program. This is exactly the type of activity we should all be much more involved in professionally. I had the privilege of taking part in three of these orientations in fiscal 1970-1971.

The Wrentham State School general orientation, held the first Wednesday of every month from September through June, is for all new employees. At this orientation I discuss my professional role and conduct a tour of the institution grounds and some buildings.

Respectfully submitted,

*Hugh Marshall Jr.*  
Hugh Marshall  
Rehabilitation Counselor



## ANNUAL REPORT

July 1, 1970 - June 30, 1971

I hereby respectfully submit the Annual Report of the Rehabilitation Counselor for the fiscal year ending June 30, 1971.

It should be noted that as of October, 1970 there were again two Rehabilitation Counselors in the department.

### Day Vocational Training Program

As Coordinator of this program, this counselor has been involved in the evaluation, programming, counseling, placement and follow-up of the community-based retardates who commute daily to Wrentham State School for vocational training and personal and social adjustment. Presently, this program still exists on a limited scale because of the need for vocational instructors to provide more effective vocational training and additional personnel to aid in supervision of the trainees.

As in the past, day trainees are referred to the program through the Community Evaluation and Rehabilitation Clinic, which evaluates and makes recommendations, and if accepted, are further evaluated for two to three weeks by a unit of the Occupational Therapy Department as well as the Rehabilitation Counselor. If a trainee is unable to function in the program, he is referred back to the clinic for re-evaluation and planning. Beginning in October 1970, there were seven day trainees in the program and by June 30, 1971, three additional referrals were accepted and enrolled.

Contact with the parents of the trainees is made in an initial conference and maintained throughout the client's training by home visits or telephone conferences, since it is felt that the parents play an integral part in the progress of their child. Individual conferences are stressed since it has been indicated in the past that group discussions were not supported by the parents. Individual counseling with the trainees is also done on a weekly basis in order to establish a short term and a long term rehabilitation plan for him and to aid in overall social and



244

vocational programming.

Since the program is designed to be of two 'years' duration, at that time or before, if the trainee is ready, a choice is made, with the cooperation of the parents, between three possible alternatives. (1) he may be placed in a competitive job in the community, with continuing follow-up by the counselor. (2) he may be enrolled in a training program at a rehabilitation center or placed in a community sheltered workshop as an intermediate step to job placement in the community or (3) he may be placed in extended employment at Wrentham State School for as long as he continues to benefit from the placement.

Presently, placements in the community are being sought for two of the day trainees. Contacts with employers and other agencies are being made and trainees are taken to the job sites for initial interviews and tours. Two of the trainees are being prepared for possible enrollment in a rehabilitation center or eventual job placement. The remainder of the trainees are placed in extended employment at Wrentham State School and as of now are unable to function in the community. While the day program is providing an important and necessary service for the latter, it is felt by this counselor that the program should be expanded in order to also provide better services for those who have community potential.

#### Community Contacts

Visits have been made to two rehabilitation centers, one workshop, a state hospital, several employment agencies, as well as possible employment settings in order to learn of the community resources available to day trainees and residents who are ready for community placement, and to make them aware of Wrentham as a resource. Contacts are maintained with the Massachusetts Rehabilitation Commission in Brockton and Quincy and the Attleboro and Norwood offices of the Division of Employment Security.

As consultant and a representative of the Education and Training Department to the Community Evaluation and Rehabilitation Clinic, this counselor has made



contacts with some school personnel in the nearby school systems, parents of the retarded and parents' groups to aid them in becoming aware of programs available at Wrentham.

### Evaluations

Vocational and social evaluations have been completed on trainees from Heffron Hall as well as Boys' Preplacement, and referrals made to various resources within Wrentham. More are being planned for the adult unit as well as the other units. A current stipend list of all working trainees has been compiled and listed according to the building, to aid in determining those trainees who are not vocationally programmed in the various units.

### Program Development

As part of the summer project at Heffron Hall, vocational classes taught by the Rehabilitation Counselor and the summer aides (with the supervision of the counselor) have been initiated with the Heffron Hall trainees with fairly good success. These are designed to stress such concepts as motivation, appearance and good work habits and attitudes with the high trainable and low educable trainees who are able to work on the grounds and to stress community concepts such as choosing and finding a job, filling out applications and preparing for job interviews with the higher educables who have community potential.

Vocational discussion groups are being planned for both Boys' and Girls' Preplacement that will hopefully be conducted throughout the year. It is felt that these classes should be mandatory for those who reside in either of the Preplacement houses since more preparation is needed to enable the community-bound trainees to make a smooth transition from institution to community life. Also, a social club with officers and members from both houses would help prepare our trainees for a socially integrated society.

### General Counseling

Regular counseling sessions are held with about six or seven trainees who have



101

community potential and/or are emotionally unstable. Supportive counseling with these and other trainees is done on the grounds as well as in the office to allow the counselor to become fully aware of the trainee's behavior in all situations and to provide a more relaxed counseling environment for the trainee. The counselor is also available to any trainees who wish to seek out help in an emergency situation or simply to confide daily problems and feelings. About 50 or 60 trainees have been serviced through counseling or other means since this counselor came in October, 1970.

Annual Education and Training Notes

These notes, which provide an annual progress report in a trainee's permanent record of his activity for that year in a program under the Department of Education and Training, are processed and coordinated by the counselor with the participation and cooperation of department head and their staff. Through these notes, a need for change or addition in programming can be determined.

Respectfully submitted,

*Kristen Vea*

(Miss) Kristen Vea  
Rehabilitation Counselor



## ANNUAL REPORT

July 1, 1970 - June 30, 1971

I hereby respectfully submit the Annual Report of the Director of the Wrentham Industrial Workshop for the fiscal year ending June 30, 1971.

During this fiscal year new positions have been added to our staff and new duties have been assigned to former staff members. We have employed two new Vocational Instructors who have direct responsibility for providing basic vocational, personal and social skills and training to workshop clients. We have employed a Quality Control Supervisor who insures that subcontract work items are being assembled according to company specifications. He also oversees the daily operation of the shop, making sure that supplies are kept in stock and that there is a free flow of contract items in and out of the shop. A new position - that of Director of the Sheltered Workshop - has also been added. It is her responsibility to procure contracts and oversee the general administration and policy of the workshop.

The workshop now services 82 clients, ten of which are day students from surrounding communities. We are beginning to employ trainees who are severely and profoundly retarded, and consequently, these clients require a much more extended period in training. We have had three clients who have been terminated because they have reached a level where they are able to move into other training areas within the Institution. We have expanded our program to include more physically handicapped clients. We began by accepting a blind boy who had little previous vocational training. Because of the special training needed, however, we will not be able to include more involved trainees (non-ambulatory, wheelchair clients) until we have more work space and additional staff members.

Throughout much of the year the bulk of our work has been supplied by subcontracts procured. We continue to be certified by both the Massachusetts and the U. S. Departments of Labor, who standardize the subcontract pricing. There was a carryover of five older contracts. Six new ones have been negotiated upon,



24

all of which are still in operation. In total we have worked on eleven different contracts this year. Of the five that are no longer in production, four were terminated because of the company's slow-down. We were forced to cancel our contract with the fifth company due to internal problems within that company. Our contracts fall into four major categories; assembling, packaging, salvaging and sorting. All of these are suitable to the population that the workshop serves. Each contract is broken down into step levels so that the client may work on that part of the job that meets his limitations. The instructor assesses each client's progress and either advances him to the next level or works with him in order to train the client so that he may eventually move upwards. Because of the current community economic slump, subcontract work has been extremely difficult to find, therefore, we have begun to develop into prime manufacturing areas. The workshop had previously acquired a Franklin Imprinting machine and we have taken orders to print matchbooks, business cards, stationery etc. However, because the printing is a "one man" operation, we felt that another prime manufacturing area was needed in order to keep the entire shop busy when subcontract items were slow. We decided to begin working with ceramics, eventually making items to sell twice a year, at Christmas and during the summer. A federal grant was written and accepted, and in this way we were able to purchase all the supplies and equipment for this project.

With the further expected expansion of the workshop, especially of those clients who need many different services, it is expected that in the fiscal year 1971-1972 the workshop will be moved to a new, more expanded, location. We also expect to employ additional vocational instructors in order to develop a more equitable instructor-client ratio. We would like these instructors to have some experience with multiply-handicapped trainees in order to insure that the client receives adequate training opportunities.

Respectfully submitted,

*Ellen Marshall*  
Ellen Marshall



ANNUAL REPORT

July 1, 1970 - June 30, 1971

I herewith respectfully submit the annual report  
of the Psychology Department for the fiscal year  
ending June 30, 1971.



The Psychology Department was involved in the following major activities:

DIAGNOSIS AND TREATMENT OF COMMUNITY EVALUATION AND REHABILITATION PATIENTS:

All out-patients who applied for services to the Community Evaluation and Rehabilitation Clinic underwent an extensive and comprehensive evaluation of their personality, intellectual, adaptive behavioral, functioning and physical-motor sensory characteristics. Members of the Department provided comprehensive evaluations on 79 out-patients. In addition, a total of 346 face-to-face interviews were held. Circumstances necessitated that 14 diagnostic sessions be held at the home of the family seeking out-patient services.

Continuous treatment was provided for 14 families and this figure can be expected to be greatly expanded during the forthcoming months. In addition, the development and implementation of Behavioral Modification Programs transplanted to the home where a retarded individual resides is becoming a very effective strategy, in terms of allowing children to remain at home.

INTRA-INSTITUTIONAL EVALUATIONS:

A total of 402 trainees were evaluated either in terms of adaptive behavioral functioning, intellectual or personality assessment. All the residents in girls' and boys' preplacement had current evaluations. In addition, Nurseries I and 2 were comprehensively screened. The purpose of these evaluations was to insure that each trainee was placed in the most appropriate building on an on-going program.

INDIVIDUAL COUNSELLING:

A total of 75 trainees were seen in individual sessions for the purposes of allowing them to explore ways of achieving greater adjustment.

STAFF CONSULTATION:

An untold amount of time was expended in consulting with the attendant level staff to help them manage more effectively trainees in their respective buildings by consulting with a specific staff member rather than focusing on the trainee's behavior. A considerable decrease in the reported number of incidents has been achieved. This is an on-going project and will continue.



#### GRANTS:

The Principal Psychologist developed a Grant which has been funded by the National Institute of Mental Health and the Department of Labor which permits the on-line staff to have access to a high school equivalency program at the King Phillip Regional High School; classes in child growth and development; and classroom exposure to the principles of Behavior Modification; and later 130 hours of supervised on-the-job training utilizing Behavior Modification strategies. Dr. Grosser, Assistant Commissioner for Research Training and Program Development, and the Central Public Service Careers Office, considers the Wrentham Program to be the most comprehensive and effective compared to the other 8 existing programs within the Department of Mental Health System.

The Principal Psychologist, in collaboration with the former Region V Administrator for Mental Retardation Services, and Miss Louella Hennessey, developed a Grant which was submitted and funded by The Joseph P. Kennedy, Jr. Foundation to establish a Day Care Center for very young retarded children.

#### SUPERVISION OF GRADUATE STUDENTS:

Members of the Department have supervised a total of 16 Masters and Doctorial level students from local Boston universities. The major thrust of these activities have been in the areas of diagnosis and treatment and introduction to the dynamics of an institution.

#### COMMUNITY INVOLVEMENT:

The Department was responsible for a high school careers program in mental health which is sponsored by the Massachusetts Association for Mental Health. 45 high school students from the following communities participated:- Sharon High School, Norwood High School and Canton High School, and the King Phillip Regional High School. These students were exposed to 13 different groups of



~~44~~

professionals in the Wrentham State School and also afforded an opportunity to develop and implement original projects. The Wrentham Program received the highest commendation as result of the large number of students participating, the diversity of experiences offered to them, and the interest of the participating professionals.

STAFF DEVELOPMENT:

Various members of the Department attended the following professional meetings:-

1. Workshop on Behavior Modification at the Columbus State School, Columbus, Ohio.
2. Workshop for Clinical Psychologists, Graduate School of Psychology, Columbia University.
3. The American Psychological Association Annual Meeting.

JEFFREY P. LOWERY,  
Principal Psychologist

JPL/CW



## ANNUAL REPORT

July 1, 1970 - June 30, 1971

I hereby respectfully submit the annual report of the Community Evaluation and Rehabilitation Clinic for the fiscal year ending June 30, 1971.

Enclosed is a description and breakdown of the activities of the Community Evaluation and Rehabilitation Clinic.

REQUESTS FOR SERVICES: The Community Evaluation and Rehabilitation Clinic received one hundred forty-one (141) requests for services. This represents a sixty per cent (60%) increase over the previous reporting period of July 1, 1969 to June 30, 1970. A major factor was the introduction of new administrative procedures commencing July 1, 1970. The Clinic processed a total of one hundred three (103) cases of which ninety eight (98) were presented to the total out-patient staff. A breakdown of the presenting problems which necessitated the requests for services by age grouping is as follows:-

	Age	%
1. Admissions	5 - 16	35
2. School Planning	8 - 21	22
3. Diagnosis	3 - 65	12
4. Vocational Planning	12 - 40	11
5. Nursing Home Placements	21 - 65	10
6. Home Management Programming	5 - 30	10

An analysis of this breakdown indicates that thirty five percent (35%) of the patients referred for services are seeking admission; also, the age group of 5 to 16 poses the greatest problem in terms of developing both community based and inter-institutional programs. It is clear that this age group will continue to pose the greatest problem.



44

A total of thirty three (33) out-patients were found to be suited, in terms of their level of retardation and unavailability of community resources, to warrant placement on the Waiting List for Admission. In addition, nine (9) patients were placed on the Urgent Waiting List for Admission.

PSYCHOLOGY DEPARTMENT: Members of the department conducted three hundred forty-six (346) face-to-face interviews with out-patients and/or their families. Eleven (11) families were seen in continuous treatment which is defined by six (6) or more regularly scheduled interviews. Psychologists conducted fourteen (14) home evaluations.

SOCIAL SERVICE: The Social Service Department conducted one hundred seventy-one (171) face-to-face interviews, of which thirty (30) took place at the residence of the family.

MEDICAL EXAMINATIONS: Ninety-six (96) physical examinations were carried out on patients. In addition, sixty-three (63) specialized consults in the form of skull xrays, E.E.G., audiological, chromosome, neurological, examinations, and optometric, were conducted as additional services. These figures have sharply increased over the past year and it is expected that medical evaluations will become more comprehensive.

NEW PROGRAMS: A co-operative arrangement was worked out with the day-care program at South Shore Mental Health Center, in Quincy, Mass., whereby three (3) children who had been admitted to the Wrentham State School could spend a period ranging from two to three days living with his parents and also attending the South Shore Programs. This approach allowed families to maintain regularly scheduled contact with their child and also have available the services of two (2) co-operating agencies.



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NURSING HOME CARE FOR INFANTS: The Director, in association with several Administrators of mental retardation facilities, compiled a heretofore unavailable list of severely retarded infants who required custodial care but which is unavailable. This report has been submitted to Governor Sargeant and Mr. Sheppard of Administration and Finance. The main thrust is to have services provided for critically-ill severely retarded infants at Public Health Facilities.

COMMUNITY CONSULTATION: Considerable time was devoted to alerting area boards, other community mental health facilities, and private agencies, of the multiple services that the Community Evaluation and Rehabilitation Clinic provides.

Respectfully submitted,

JEFFREY P. LOWERY, DIRECTOR

COMMUNITY EVALUATION AND REHABILITATION CLINIC



## ANNUAL REPORT

JULY 1, 1970 - JUNE 30, 1971

I hereby respectfully submit to you this annual report of the Social Service Department for the fiscal year ending June 30, 1971.

### Introduction:

The 1970-1971 year saw many changes. Unitization has come into effect revising the Social Service orientation somewhat; now the Department is more involved with trainees living in the institution as well as with placing and supervising trainees in the community.

Five members of our Department left during the year; with five members remaining. Mrs. Harris, the former Head Psychiatric Social Worker, left in April when her husband was transferred out of state. Two Psychiatric Social Workers, Mrs. Marshall and Miss Grant, left also as well as Miss Groves, our Senior Clerk Stenographer. Fortunately, this last position has been ably filled by Miss Maria Carlucci. Because of the raising of qualifications for both Head Psychiatric Social Workers and Psychiatric Social Workers, three Psychiatric Social Workers' vacancies remain in the Department. It is expected, however, that we will be able to hire Social Workers in lieu of Psychiatric Social Workers in the near future.

Mrs. Jackie White, the R.N. Supervisor of the Geriatric Program retired in June, thus making the fifth person to leave. Mrs. White has been replaced by Mrs. Joan Gunn, R.N. Mrs. Gunn has had to take on report writing and other Geriatric placement responsibilities formerly done by a Social Worker. She has also been placed in charge of a new Drug program, where she will be responsible for making monthly deliveries of medication to the trainees in



the Community. Some of these trainees live as far away as the tip of Cape Cod or farther.

The following statistics and brief summary of the Departments' programs reflect the Social Service Staffs' activities during the 1970-1971 year:

Statistics - July 1, 1970 - June 30, 1971

Admissions        33  
  Temporary - 12  
  Permanent - 21

<u>Placements - 66:</u>	Community Placements (Wage Earners)	11
	Community Placements (Nursing/Rest Homes)	38
	Family Care	17
	TOTAL:	66

<u>Discharges - 140:</u>	Community Placements (Wage Earners)	9
	Community Placements (Nursing/Rest Homes)	64
	Temporary Admissions	10
	Discharged by Transfer	4
	From Visit or unsupervised Community Placement	30
	Deceased	23
	TOTAL:	140

Case Load - July 1, 1970 - \*427                      June 30, 1971 - \*310  
                  \*Includes both in-patients and out-patients (C.E.R.C.)

Total Interviews with relatives or legal guardians (in-patient services only)	174
Total collateral Interviews (in-patient services only)	290
Total Interviews at placements - employers or family care parents	449
Total Interviews with residents in the school and in the community	3466
Grand Total Interview Count 1970-1971	4379

Community Evaluation and Rehabilitation Clinic:

1970-1971 C.E.R.C. staffings totaled 86, as compared to 79 the previous year. The above staffings resulted in 34 additions to the Waiting List; there were 33 such additions in the 1970-1971 fiscal year. Nine of the new additions were recommended for the Urgent Waiting List and 3 for immediate



~~24~~

temporary admission. The C.E.R.C. Social Workers continue to remain involved with parents and guardians whenever they are able to be of assistance with counselling follow-up services.

Our Waiting List (regular) now stands at 109, of which 26 are considered urgent. The use of temporary admissions (12) results in a delay of permanent admission, and sometimes helps the family during a crisis.

#### Family Care:

On July 1, 1970, there were 33 persons in Family Care homes. Of these, 6 returned to Wrentham State School during the year. Of the 17 placed on Family Care during this year, 10 remain on Family Care status, 6 returned to Wrentham State School and one found a job, became self-supporting and has been transferred to Community Placement status as a Wage Earner. On June 30, 1971, there were 37 trainees on Family Care status. Unfortunately, Family Care funds have been stopped so that if we wish to place a new person on Family Care status, we must take someone off Family Care status in exchange.

#### Wage Earner Program:

Two workers continue to share the responsibility for supervising the majority of the 43 Wage Earners. Placements continue to be difficult. There are fewer job placements because the trainee population is changing and is becoming more of a custodial nature. On July 1, 1970, there were 53 Wage Earners in the community. During the year, 9 more Wage Earners were placed in the community. Of this total of 62, 8 returned to Wrentham State School and 11 earned their discharge. Thus, reducing the current number of Wage Earners in the community to 43.



44

Geriatric Program:

On July 1, 1970, there were 64 former residents placed in Nursing Homes or Rest Homes. During this year, 41 additional residents were placed on this program. Of these 105 trainees, 63 were discharged to the Department of Welfare Supervision, during the fiscal year. Two were returned to Wrentham State School and presently, 42 remain in the program supervised by Mrs. Gunn. New, more strict Welfare laws, the increasing limitations of our trainees eligible for placement plus Mrs. Gunn's added duties in this program and in supervising medications for those in the community make it likely that placements in Nursing and Rest Homes may be less frequent in the future.

The Department's work load seems great to its present 7 members - Miss Campbell, Mrs. Dailey, Miss Murray, Mr. Proyou, Mrs. Gunn, Miss Carlucci and Miss Young.

Miss Carlucci's duties have increased over those of Miss Groves. As well as sending letters out, she is responsible for the duplication and distribution of Admissions and Preplacement meetings minutes and the Head Workers monthly and annual reports; typing the monthly Family Care Invoices; mailing to and recording the returns of the monthly financial statements sent to employers for the Wage Earners; typing into case records the running notes for the 43 Wage Earners; 37 Family Care Placements; 109 Waiting List cases, and for those residents on the grounds, who are receiving special attention from Social Workers, and answering the telephones when the Workers are away from their offices.



2/14

Miss Carlucci's additional duties involve the collecting, recording and other bookkeeping assignments concerned with the Social Security funds and bills sent by Nursing Homes for the personal needs and the daily nursing care expenses of the people in the Geriatric Program. This complicated and time consuming bookkeeping system was set-up and taken care of by our former Social Worker, Miss Sandra Grant, who had spent a considerable amount of her time working on the Geriatric Program.

Respectfully submitted,

(Miss) Margaret Young  
Head Psychiatric Social Worker

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## ANNUAL REPORT

July 1, 1970 - June 30, 1971

I hereby respectfully submit the Annual Report of the Supervisor of Volunteer Service for fiscal year ending June 30, 1971.

BUILDING PARTIES: The John Ballantine Lodge #5 Knights of Pythias sponsor monthly Birthday parties to the Boys Infirmary on the 4th. Tuesday of the month. The Roxbury AMVET Post sponsor monthly Birthday parties to "G" Bldg. The South Metropolitan Pioneers Tel. & Tel. members sponsor monthly Birthday parties to "L" Bldg. on the 3rd. Wed. of the month. Parties, cookouts for the Nurseries, Dormitories and Infirmaries are held periodically and number well over 100, plus a large number of Christmas parties.

The Volunteer Department held its Annual Field Day June 13, 1971 for all residents of the School. Over 1100 trainees participated at this event with a Band Concert, Marching and Drilling bands who paraded throughout the grounds. A Mobil Zoo, Recreation games were played. Menu for the day, cooked in grills; 400 lbs. frankforts, mustard & relish, 400 rolls, milk, ice cream and tonic. Over 400 trainees who were not able to attend the Field Day were fed at their buildings.

For seven (7) weeks in succession on Weds. it was declared "Wrentham State School Ice Cream Days". An individual person provided ice cream to all trainees of the Wrentham State School. He came in with an Ice Cream Truck and toured all of the grounds distributing ice cream to each and every trainee who was waiting on the side of their dormitories. To those who could not be outside it was brought in to them in a cup form. An average of 1800 ice creams were given to the trainees as well as the personnel. The trainees all wait for Wed. lined up on front of their dormitories to receive their ice cream.



~~25~~  
Cookouts, parties and dinners for from 40 to 80 trainees on each trip numbered 25 for the year. Other trips to Boston Garden, Fenway Park and other places of interest to our trainees. Buses used other than our own State bus are chartered through the Sansone Motors and paid for by the Wrentham Association for Retarded Children.

The other bus trips are one-half day bus trips; two (2) per week for all trainees who are unable to go to other activities are held from April to November. At last our Wheelchair trainees are being taken out on a weekly basis to enjoy the new Paraplegic bus which takes 15, plus 4 attendants on each trip. These trips consist of a 60 mile round trip, stopping for ice cream, cookies and candy. The regular bus takes 40 trainees, plus 2 attendants on each trip. These trips are all sponsored by the Wrentham Association for Retarded Children. Trips to the Fenway Park baseball games; most of these trips are sponsored by the School, others by groups and organizations. Tickets for all above functions are obtained by the Volunteer Service Dept. all free of charge. Other activities include Band Concerts, Variety Shows, dances, plays, record hops and dances to live music. These activities are presented to our trainees by the outside communities and are very well received by our trainees. Jolly Cholly's Funland is visited by our younger trainees, 40 on each trip. Rides, hot dogs, hamburgers, ice cream, tonic and popcorn are always welcomed by the boys and girls. They spend an afternoon of fun and rides all by the courtesy of the Proprietor. During the month of December a total of 12 trips were made to the LaSalette Shrine and Lady of Fatima Shrine, two (2) trips per week for 6 weeks, the regular bus taking 42 trainees and the Paraplegic bus taking 15 trainees. Volunteer workers met the buses at the Shrine to help feed them and help on the tour of the grounds. All



refreshments on these trips was paid for by the Wrentham Association for Retarded Children.

The Donation Room located at the Basement of the Girls Industrial Building collected a large number of clothing, shoes, toys and other miscellaneous items. Many new donations of clothing, shoes, suits, top coat, dresses from clothing manufacturers and other sources. All of these items were sorted and delivered to building dormitories who make very good use of them. A large part of the day was spent in this procedure as the person who does this must have knowledge of types of trainees in each building and to pick what will be best for them. Among other new items received were table radios, records, wheel-chairs, tricycle, playpens, walkers, electric razors and other articles too numerous to mention.

Speaking engagements and group discussions on Mental Retardation to groups in the surrounding community.

We have a large number of women's groups who make items such as, afghans, lap blankets, booties, sweaters; most of these are made from yarn that this Department obtains from yarn factories. Others make Johnnies from discarded mens white shirts. This work is done at their homes, in many cases material is picked up from this Department and brought to various members of organizations that make these items and then picked up and brought here for distribution among our trainees, mostly to the Infirmaryes.

Respectfully submitted,

*Pasquale Rossacci*  
PASQUALE ROSSACCI  
SUPERVISOR OF VOLUNTEER SERVICE  
WRENTHAM STATE SCHOOL  
WRENTHAM, MASS.